

## **Happy New Year!**

January 2022 Issue 1

# WRAC Featured Artist Sandra Lee

For this month, Winnipeg River Arts Council features visual artist Sandra Lee.

Originally from Thunder Ontario, she has lived in Winnipeg, Stonewall, St. Andrews, Tyndall, and the Brokenhead area. Just over two years ago, she moved to River Hills. Lee is a graphic designer, who also paints with water colours acrylics, and creates hand-built clay masks and bowls. Presently, works part-time in the film industry where she buys and/or makes movie and film props that art or design related.



When asked what inspires her, she says, "Mostly education and experimenting. Right now, I'm enjoying the open clay studio at the Pinawa Art Gallery." In high school, Lee took a commercial art program and then entered a college program for fashion design. She admits, with a laugh, "I didn't finish that program. There was too much sewing."

Over the years, Lee has taken many courses in art, design, and technology, and has also worked as a graphic designer. As well, she attended college and university to become a high school teacher. For more than two-and-half decades, she taught graphic design, illustration and painting.

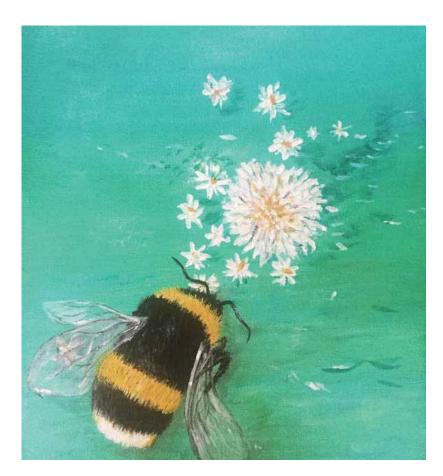
Three years ago, she retired from teaching but she still likes to share her knowledge with family and friends. She says, "We have craft and paint sessions in my porch - Front Porch Studio in River Hills. "This past fall, she made over 30 paper mâché masks for "Dark Harvest" which was partly shot in Beausejour. If all goes according to plan, in the fall of 2022, this movie will appear in theatres everywhere.

If it's a professional job, such as a prop for a film, she does a lot of research. If it for her own satisfaction as an artist, many things inspire her: nature, cultures, films, travel and visiting art galleries and museums. Lee has never entered any work for prizes, and, except for displaying her art on her garage walls in the summer, she has never formally exhibited anything. But, she says, "My prop creations are featured in the films I work on and this is always fun to watch."

To sum it all up, she says, "At this stage in my life, I am fortunate that I can pick and choose what I want to do with my art and design. I choose fun projects that bring me joy and not stress.

The best part - I keep learning new things and meeting new people!"











#### borealshoresarttour

The BSAT 2022 Tour will be on August 20 & 21. Many of the artists who were in the last our (2019) will be returning for the 2022 tour. Some of the artists are available by appointment. You can find their contact information on the website.

For more information about BSAT, please visit the Boreal Shores Art Tour website at www.BorealShoresArtTour.ca. #TraveIMB #EasternMB #YourManitoba #Explore204 #ExploreMB #Manitoba

Creativity runs deep in Eastern Manitoba
and inspiration flows at every turn.
From the surreal east shore beaches of Lake Winnipeg,
through the Winnipeg River System to the rugged
lake country of the Whiteshell, join us on a tour of art and landscapes as
artists across this beautiful region
open their homes and studios to share their world with you.

In 2019, over 700 people traveled on the Boreal Shores Art Tour route making an average of 6 stops each. There were 38 artists located at 22 stops with 5 group locations spread along the way. Many people made it to every stop – an accomplishment that can only be done by devoting the entire weekend to driving the route!

Over 252 people attended the Amazing Exhibition ... but if you were unable to attend here are a few more pictures. Continued from our December newsletter.



## Highlights:

The opening reception was well attended even dealing with after effects of a snow storm.

The 3 workshops were sold out and thoroughly enjoyed.

Sampling of audience comments:

"Wonderful work"

"I really enjoyed visiting the art
display"

"Makes the mind stretch"

"Appreciate it coming to Pinawa"

"So different, so wonderful, so
inspiring!"



**Unfortunately**, the Royal MTC Chase the Ace Production scheduled for St. Georges on March 9th is cancelled due to COVID and the recommended provincial health guidelines to enhance safer communities.

### ROYAL MTC PRESENTS ...

Every year in the dead of winter, an intrepid group of performers and technicians travel thousands of kilometres to bring professional theatre to arts lovers in rural communities across Manitoba and North Western Ontario.

This winter it was going to be Mark Crawford's comedy Chase the Ace "A funny show, it's warm and frisky, tugging you into the outrageous adventures of a radio disc jockey surviving COVID-19 in a corrupt little town called Port Belette." – Hamilton Spectator.



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local lottery, and the search for truth in unprecedented times.

# URBAN SHAMAN CONTEMPORARY ABORIGINAL ART

Due to the high counts of COVID cases in Winnipeg, Urban Shaman Gallery will be closed till furthur notice.

Please watch out for our virtual gallery of Ms. Sainte-Marie's exhibit.

link on our website at urbanshaman.org

in the Main and Marvin Francis Media Gallery



Self Portrait, 36"x36" on Kodak Endura metallic paper.
Courtesy of the artist.

Urban Shaman & acearting, present:

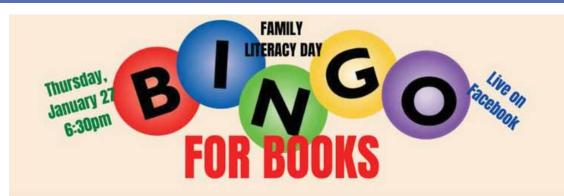
Artist: Buffy Sainte-Marie

Title: BUFFY SAINTE-MARIE: PATHFINDER a retrospective by an

innovator of digital art

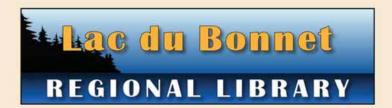
Dates: December 17, 2021 to March 5, 2022

Curated by Natasha Desrochers Lowenthal, of Paquin Entertainment



Join us for Family Literacy Day and play Bingo for Books.

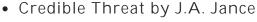
Bingo cards can be picked up at the library or can be emailed to you. Contact library staff at lacdubonnetlibrary@gmail.com or 204 345 2653.



### BIBLIOTHÈQUE ALLARD REGIONAL LIBRARY

Discover the Possibilities!





- A Rebel in Auschwitz by Jack Fairweather
- Missing and Endangered by J.A. Jance
- You Betrayed Me by Lisa Jackson
- Moon of the Crusted Snow by Waubgeshig Rice
- The Stolen Throne, The Calling, and Asunder by David Gaider
- We Need to Talk by Celeste Headlee
- The Dark Hours by Michael Connelly

Public Library

Do Not Forget February is Love to Read Month



We at Winnipeg River Arts Council wish you a Happy New Year and safe enjoyable New Year - 2022.

From Brenda, Mac, Donna, Joan, Don, Roberta, Lynette, Joye, Jennifer and Deborah



## Love To Ready Month

February 2022 Issue 2

## **WRAC Featured Artist**

For this month, Winnipeg River Arts
Council features knitter and crochet
artist Shelley Street, whose other artistic
interests include writing and visual art.
Street grew up in Portage la Prairie and
lived most of her adult life in Winnipeg.
Almost fourteen years ago, she and her
husband moved to the St. Georges area,
between Great Falls and Silver Falls.

Over the years, Street has crocheted a number of afghans, both full-size and for babies. Recently, she branched out into crocheted animals and other small items, and made a few doilies for her home. She said, with a laugh, "A person can only use so many afghans." When Street was ten years old, her grandmother taught her how to crochet

## **Shelley Street**



Prior to that, when she was only four, she insisted that her mother teach her how to knit. She said, "Imagine the patience it took a right-handed person to teach a four-year old lefty to knit! I remember a few tears and temper-tantrums on my part, but I never gave up and I have never forgotten how to knit." Since she was a child, she hadn't done much knitting. But, when she recently came across a shawl pattern she had previously wanted to knit, she decided she had to first finish a Fair Isle sweater she started many years ago. She said, "The sweater was only about half done, so that got me back to knitting."





During the past few years, Street has also participated in sketching and painting sessions with the Sketchcrawlers. This group, organized by Leah Boulet, meets weekly during the summer at different locations, where they sit down in front of a view they like, and make some art. Sketchcrawlers travel all the way from Powerview-Pine Falls to Pinawa for the sketch nights, and they have visited many scenic spots along the Winnipeg River corridor and The Beaches area. Street said, "I get inspired by looking at what others are creating; and talking with them about their projects gets my creative juices flowing.

She is also interested in creative writing. Although she admits she hasn't done much lately, prior to COVID restrictions she attended classes led by Donna Besel, a local creative writing instructor, and joined a facilitated writing group, based in Lac du Bonnet.

She said, "Both drawing and writing have long been on my wish list of things to try, so I have dabbled in them over the last few years, just for fun. So far, I am only dipping my toe in those two activities. It does not matter whether I am good at them or not. The main thing is that I am doing them. I am doing them for me. If there's something you've always wanted to do, give it a try. Do it for you!"



Eastern Manitoba Concert Association EMCAÇa Claque!: French Canadian/Métis Music and Dance

So fortunate this crew is coming to OUR doorstep on Feb. 12, 2022!

Ça Claque! will lift your spirits with their French and Métis music and dancing.

EMCA is committed to the safety of the artists, audience and ourselves and follows a Covid Health protocol.

Virtual tickets are available by calling Denise at 204-960-5005 or emailing her at dvanden62@gmail.com.

For more info, please see our website:

www.emcaconcerts.com



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# URBAN SHAMAN CONTEMPORARY ABORIGINAL ART

Online WEBINAR Presented in partnership with Urban Shaman Contemporary Aboriginal Art Gallery and Creative Manitoba.



Join us for an online conversation discussing upcoming Grant opportunities on Wednesday, February 23, 2022, from 12pm -1:30pm CT.

https://creativemanitoba.ca/events/join-wac-mac-and-the-canada-council-to-learn-more-about-applying-for-grants-for-your-artistic-practice/

We welcome our very special guests:

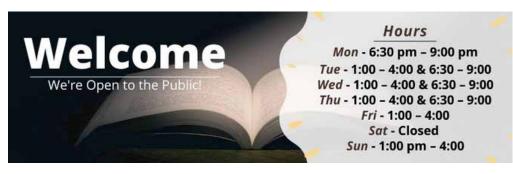
Dominic Lloyd – Winnipeg Arts Council – Programs & Arts

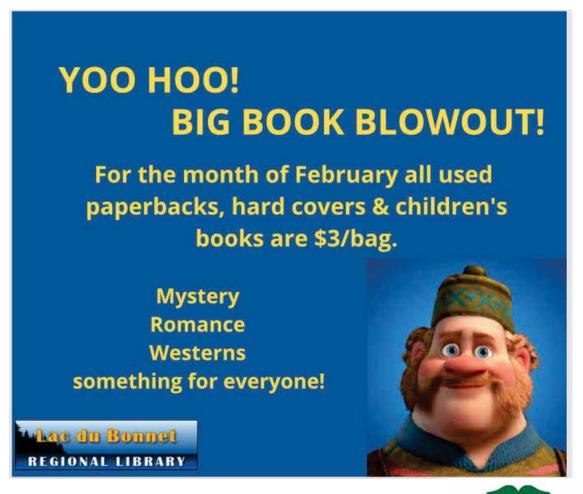
Development Manager

Tracey Longbottom – Manitoba Arts Council – Program Consultant for Indigenous 360

J.L. Watson – The Canada Council for the Arts Program Officer for Creating, Knowing and Sharing: The Arts and Cultures of First Nations, Inuit and Métis Peoples.





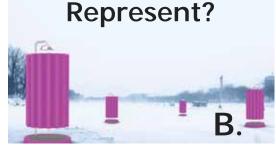






## Can You Guess What These Warming Huts On the River









Answers on page 9



February Webinars at MAN

An Upcoming February Webinar How to Become An Arts Juror (and What They Do) with Leslie Supnet Tuesday, February 22, 7-9pm

This workshop will talk you through the application process for becoming an arts juror and what to expect once on a jury. We will look at how to provide fair evaluations of diverse artistic styles and practices, and how to assess applications against the granting criteria. This workshop will also discuss recognizing unconscious bias in your assessments.

All are welcome to attend these free online workshops, designed to help you to advance your art career.





## March 2022 Issue 3

### **Deborah Giesbrecht**

For this month, Winnipeg River Arts
Council would like to introduce Deborah
Lee Giesbrecht, our new administrator.
Although she was hired in the fall,
restrictions associated with COVID
limited in person access. She's now
available for conversations and
consultations at the WRAC office,
located in Community Futures Winnipeg
River building, 4 Park Avenue, Lac du
Bonnet. Hours remain the same –
Tuesdays and Thursdays, 9:00 to 12:00.



Aside from a few years in Calgary, Giesbrecht has spent most of her life in Winnipeg. For the past two years, she has been living in RM of Lac du Bonnet, south of town. When asked why she chose to work for the arts council, she said, "I wanted to find a job in the area and get more involved in the community. Also, I'm really interested in meeting local artists. I've been phoning them, a few at a time, to introduce myself." Although she insists she's not an artist, she loves the arts. This passion included volunteering at Warehouse Theatre and Winnipeg Fringe Festivals, attending dance and RMTC performances, and enjoying the unique sights and sounds of Winnipeg Folk Festival and Folkorama. She also loves art galleries, movies, reading, gardening, crafts, decorating, baking, woodworking, travelling, and concerts (especially country music).

Giesbrecht has over 20 years combined experience in executive administration and management, with a special interest in coordinating events and conferences. She said, "I'm a self-starter and team builder. I like to streamline, plan, market, network, problem solve, develop procedures and programs, and create a positive team environment." Her work experience includes: St. Norbert Arts Centre's executive director, executive assistant to Sunrise School Division's secretary-treasurer, manager and franchise owner of The UPS Store. She also worked for Manitoba Association of Parent Councils, Frontier School Division, and City of Calgary. Given her experiences with Sunrise and Frontier School Divisions, she has first-hand knowledge of the challenges and rewards of working in rural communities.



## Jennifer Hudson Stewart

WRAC bids a fond farewell to Jennifer Hudson Stewart, our previous administrator. During the past eight years, she increased the arts council's profile of, grew the membership, and organized dozens of events. Here are some of the major projects she coordinated: Truck Stop Circus, seven Royal Manitoba Theatre Centre touring productions, Paddle the River Auction (fundraiser with paddles painted by local artists).

She organized multiple workshops, raffles, art exhibits, fundraisers, grant applications, and AGM's (with great snacks). She maintained WRAC's social media presence, shared her talent for making people feel valued, and bailed out the board when needed.

She organized multiple workshops, raffles, art exhibits, fundraisers, grant applications, and AGM's (with great snacks). She maintained WRAC's social media presence, shared her talent for making people feel valued, and bailed out the board when needed. Also, she hauled grids, visual art, and paddles around the region, created the monthly newsletter, and made sure all details at every event were not overlooked. Despite changes in board membership and the pandemic challenges, she always had a joke and a willing attitude.

During COVID restrictions, Hudson Stewart shifted to email and Zoom to hold meetings, update board members, and continue the day-to-day operations. She also organized "Writers on the River," partnered with Manitoba Arts Network to administer Eastman Juried Arts Exhibition, and widely promoted "Momentum," a mentorship program and exhibition for rural artists.

Hudson Stewart has agreed to serve on WRAC board, but now works as head librarian at Lac du Bonnet Library, where her many skills will contribute a great deal to this organization.





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Al Simmons and the Combo for the Storm with special guest Ron Haldorson Jazz and Comedy Friday, April 8th, 2022 7:30 PM

Pinawa Community Centre - 20 Vanier

\$25.00 - Adult / \$10.00 - Under 30



# URBAN SHAMAN CONTEMPORARY ABORIGINAL ART

## **EXTENDED DATE TO MARCH 19**



BUFFY SAINTE-MARIE:

PATHFINDER

Artist(s): Buffy Sainte-Marie

Start: December 17, 2021 3:00 pm End: March 19, 2022 5:00 pm

Galleries: Main Marvin

BUFFY SAINTE-MARIE: PATHFINDER a retrospective exhibition by an innovator of

digital art

Curated by Natasha Desrochers Lowenthal, of Paquin Entertainment

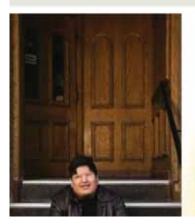
#### VIRTUAL GALLERY HERE!

By appointment only. Contact info@urbanshaman.org or call 204-942-2674 to set up a time to visit the gallery!

Urban Art Biz 8: Buffy Sainte-Marie artist talk March 16 at 2pm CT.



Performing Arts - Streaming and Live



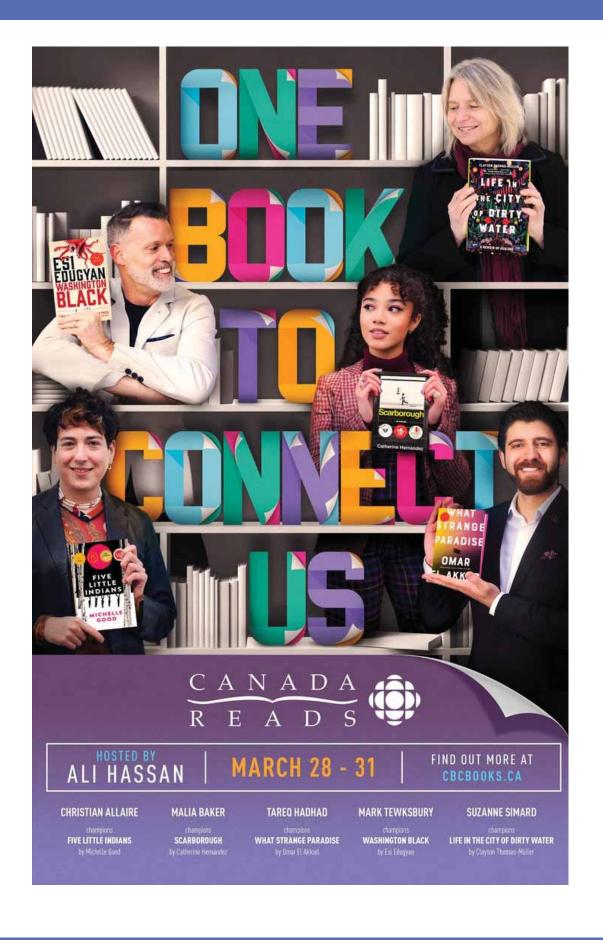
## **MATTMAC**

March 11, 2022
8:00 pm CST
A free virtual performance with
Special Guest Host, Desiree Dorion!

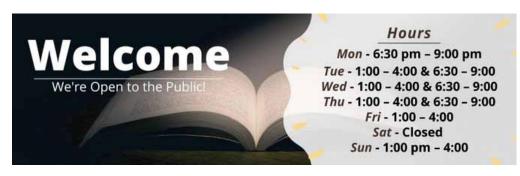
Blind music producer and recording artist Mattmac has harnessed his melodic pop-trap beats and inspiring story, quickly establishing himself as 'one to watch' on the national scene with his debut album, 20/20.



Creative Entrepreneurship Day: The Complete Creative
March 12, 10am - 4pm | Online
We're thrilled to introduce Debbie Patterson, our keynote
speaker kicking off #CEDay2022! Free for Creative Manitoba
members!









Join us on Thursday, April 7th for the library's annual Easter EGGSTRAVAGANZA.

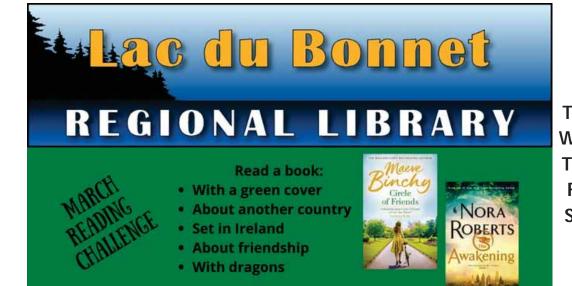
This event will be from 6:00pm - 7:00pm and open to children of all ages.



BIBLIOTHÈQUE
ALLARD REGIONAL
LIBRARY
Discover the Possibilities!

**Hours of Operation:** 

Tue - 10:30 to 5
Wed & Thu - Noon to 8
Fri - Noon to 5
Sat - 11 to 4:30



Hours of Operation

Mon Closed

Tue 10:30am - 7:00pm

Wed 10:30am - 5:00pm

Thu 10:30am - 7:00pm

Fri 10:30am - 5:00pm

Sat 10:30am - 2:30pm Sun Closed







## May 2022 Issue 4

Apology - For those who were waiting and wondering if you missed the April 2022 WRAC newsletter in your email in box, you did not miss it. Unfortunately, I was away for the month of April (it was not Covid but it did put me down and out for a month); but I am back at the office and I hope you will enjoy the May newsletter edition and we look forward to seeing you at the 2022 AGM - (date to be confirmed soon).

For this month, Winnipeg River Arts Council would like to feature one of its board members, Brenda McKenzie, a visual artist, writer, and photographer. One of her favourite art quotes comes from Pablo Picasso: "Art washes away from the soul the dust of everyday life."

In September of 2014, she joined WRAC as the representative from Pinawa. At the Annual General Meeting of 2019, McKenzie agreed to serve a three year term as president of WRAC.



More recently, she is now finishing year one of a second term. Board members appreciate her unfailing reliability, easygoing manner, and insistence on keeping the meetings as close as possible to one hour long.

As one of the directors, she regularly attends board meetings. Along with this monthly commitment, she has shown a constant willingness to step up and assist with whatever project WRAC has planned. She helps with fundraising activities and sells tickets for events and raffles in Pinawa. Also, when the Royal Manitoba Theatre Centre brings one of its annual touring productions to the region, she and husband Brian always volunteer to help with setup and takedown. As some know, this job can last for several hours and involves lots of physical activity.

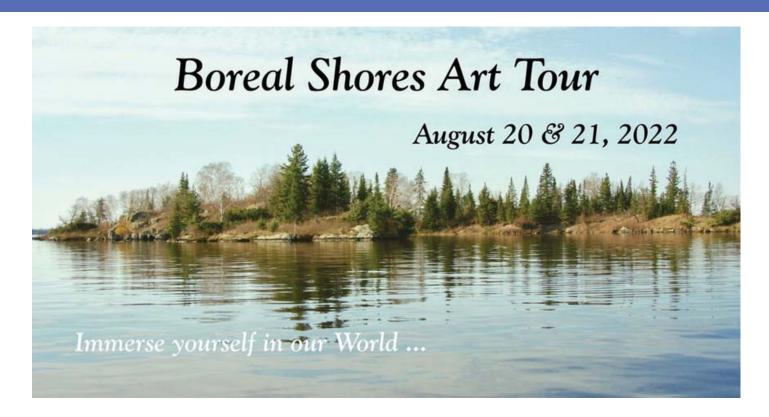
In 1971, McKenzie moved to Pinawa from Winnipeg, to work as a substitute teacher for Whiteshell School District. She also joined with Vivian Thomson and other local artists to start an art club in the local high school, and later, the W.B. Lewis School. In 1998, she was hired as a full-time teacher and worked as an art instructor until her retirement in 2004.

For several years, McKenzie acted as Pinawa Art 211's gallery manager, arranging various displays and organizing the rotation of gallery volunteers who assisted customers. Currently, she continues to volunteer at the gallery, located in the W.B. Lewis Business Centre. In 2013, she coordinated a team of fellow artists who presented the Eastman Judged Art Exhibition (EJAE) at Pinawa Secondary school.

As a visual artist, she has won awards for both her photography and her paintings. The most recent was in the Whiteshell Winter Arts Festival's virtual art contest. In 2012, she published her novel, Loving You, about dealing with a relative's dementia. Her second book, Commitments, is

currently being edited, following suggestions from ECW Press, Toronto.

She says, "Although COVID has curtailed my love of travel, my art and writing have kept me busy while at home."



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Bouey-Doucet Duo Classical Concert You'll want to plan to see this outstanding Duo this Sunday, May 8th!





Tickets available from
Denise at
dvanden62@gmail.com
or
204-960-5005

EMCA offers quality performances at affordable prices.

www.emcaconcerts.com

Over 30 -\$25 / Under 30 -\$10

Pinawa Players present:

ACT SPRING GATHERING...BE THERE.

For more information go to

http://www.actmanitoba.mb.ca/actfest.html



Theatre is happening in Manitoba!

ACT Manitoba is,

- a. Excited
- a. Excited
- b. Thrilled
- c. Delighted
- d. All of the above

to invite you to the Spring Gathering



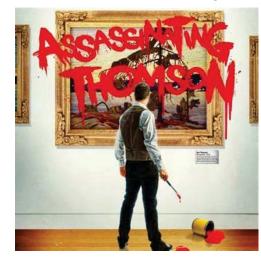
### **Exciting News!**

After a long couple of years off of the road, I am pleased to announce that for the 2022/23 Regional tour we will be bringing you the incredible production of Assassinating Thomson!

Assassinating Thomson is a one man play written and performed by Bruce Horak, a well-established theatre and visual artist who lost 90% of his vision after a childhood battle with cancer. In 2011 he wrote and began touring the show.

The play is named for an unsolved mystery in Canadian art history—the mysterious drowning in 1917 of Group of Seven precursor and iconic painter Tom Thomson in an Ontario Lake. The mystery takes you from the tiny community of Canoe Lake to our nation's capital, and eventually to the world stage. Art, politics, greed, ambition, love and murder are intertwined. Tom Thomson's story is a tangled one, but we're in the hands of a brilliant storyteller. Bruce captures the mystery in a stunning monologue about Canadian art and artists, and during the performance he also paints a group portrait of the audience before him. At the end of the performance Bruce auctions off the painting and donates the proceeds to a charity.

Watch for more info in future newsletters regarding the date and location so you save the date and can mark it in your calendar for 2023.



# ARTISTS IN SCHOOLS VIRTUAL INFO SESSION

Thursday, May 12, 2022 French: 6 p.m. CDT English: 7:30 p.m. CDT

over Zoom







PUBLIC PLACE NETWORK | THEPUBLICPLACE. ONLINE

presented by:



Online Concerts
FEATURING MANITOBAN ARTISTS







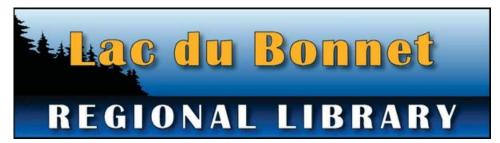


Art in the time of Covid 19 – what does it mean to be an artist or a consumer of art during this moment in time? The pandemics of previous generations are ghostly communal memories that have no imprint on our psyche. So we are relearning to cope one day at a time. Art can seem irrelevant when your loved ones are in a nursing home or working in a hospital. We wait and watch – that is the only...

The Manitoba Craft Council is excited to be hosting a series of online artist talks via Youtube live! These talks are part of the MCC's 2022 Year of Eco Craft, relating to climate change and environmental sustainability through the lens of contemporary craft practice.

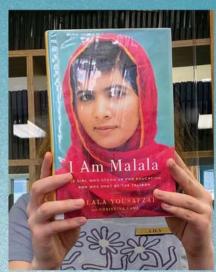


Into My Eye | Out of My Mind May 1 - May 24 Cre8ery Gallery and Studio, 125 Adelaide Street Winnipeg, Manitoba Canada Free





Replace your face with a book's cover, then snap a picture!



Email your BOOKFACE to mldb@mymts.net by May 15, 2022.

Include your name, age and contact info in your email.

One entry per person per age group.

Vote by liking your favourite on the library Facebook page, May 16-30, 2022.

Three categories: Kids 0-12, Teens 13-19, Adults 20 and up. Prizes in each category.







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### 2022 KICKASS WOMEN'S DAY OUTDOOR MARKET

It's that time of year! We're hosting our 8th annual Kickass Women's Day! This year it will be an OUTDOOR MARKET!

It will be held at the Village Green in Pine Falls on Saturday June 11, 2022 from 10:00am – 2:00pm.

We will have many local artisans this year as well as vendors.

We're focusing on bringing the community together and having vendors and artisans showcase their products, homemade goodies, and unique wares.

There will be a porta-potty on site for the event.
Riverfront Convenience will be there selling
delicious food and drinks.

There's a basketball court, tennis court and a play structure for the younger attendees.

We will have a book sale set up, A silent auction featuring vendor and artisan's items, and a Chase the Ace fundraiser... winner takes home \$260.00! (If we do not sell out at the event we will continue selling cards at the library until all are sold)

We're looking forward to seeing you!

Here's the link... https://allardlibrary.com/event/kickass-womensday-outdoor-market/



In recognition of the important contributions of musicians, music educators, and music education programs in our schools and communities, Hon Kelvin Goertzen, Minister of Education and Training is pleased to proclaim the month of May 2019 as Music Month in Manitoba.







### Author

### **Shirley Kurian**

The sunflower is the National flower of Ukraine. I have created these note cards. All proceeds from these Sunflower cards will be donated to assist the people of Ukraine. These cards can be found at: The Manitoba Made Store in Lac du Bonnet, The Pinawa Art Gallery, The Pinawa Motor in Pinawa, Riverdale Tourist Camp Hwy 313, Spirit of the Boreal in Beausejour, the Esso station in Oakbank, and you can reach me at zoomonu2@gmail.com Please help me to reach my goal to sell 500 cards.

"Imagine all the people living life in peace"

John Lennon " Imagine "

Art Photography by Shirley Kurian zoomonu2@gmail.com

Find Beauty in All Things.





### June 2022 Issue 5



For this month's newsletter in preparation for our **Annual General Meeting**, which will be hosted on **Monday**, **June 20**, **2022** at **7:00 p.m.**, we would like to remind you of the Winnipeg River Arts Council last year's newsletters' monthly features:

Roberta Laliberta - Anne Brough - Mitch Toews - Rick McGregor Kelly Klick - Jan Claude - Lac du Bonnet Senior High School Mural Project - Anne Bergen - Jane Marion - Sandra Lee Shelley Street & 10th Anniversary Winnipeg River Arts Council.

Even though 2021-2022 was a very different year resulting from the global pandemic causing a majority of the world to work from home, attend meetings via zoom, wear masks, social distance when you did meet someone and hand sanitize more frequently - the Winnipeg River Arts Council was meeting, planning activities and informing our members of initiatives even if the majority of them were through you-tube and different social media platforms.

Our May 2022 newsletter issue 4 featured our board chairperson, Brenda McKenzie and to continue on with that theme of WRAC information, we would like to remind you of the WRAC Board of Directors for 2021-2022 and thank them for their many volunteer hours of dedication and commitment:

Brenda McKenzie President Lgd of Pinawa
Mac Kinghorn Vice President R.M. of Alexander
Donna Besel Secretary R.M. of Alexander

Joan Marion Treasurer R.M. of Lac du Bonnet

### **Directors:**

Roberta Laliberte, Town of Powerview – Pine Falls Donald MacLellan, Town of Powerview - Pine Falls Lynette Ulrich- RM of Lac du Bonnet Joye Platford - resigned for year 2022-2023

Jennifer Stewart - was previously WRAC's Administrator

### **Mission Statement**

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- Raising awareness and interest of the importance and benefits of arts and culture
- Raising awareness of cultural programs, events, services, resources and businesses in the region, as well as local artists
- Providing arts education and talent development for existing and emerging artists
- Providing workshops & networking/partnership building opportunities for existing and emerging arts and culture groups and artists
- Acting as a central contact and support agency for communities, arts groups and artists within the region
- Determining needs, gaps, and opportunities for arts and culture in the region, and providing regional programs, events and initiatives that meet identified needs
- Facilitating partnerships that enhance further growth and development of arts and culture through social, economic, tourism, and relocation opportunities in the region.

Continuing with the Winnipeg River Arts Council Annual General Meeting for Year 2021-2022 theme, we would proudly like to inform you of the allowing link from Manitoba Arts Council which announces their award winners for Year 2021. There were several award winners but one of the winners for the **2021 Rural Recognition Prize** was one

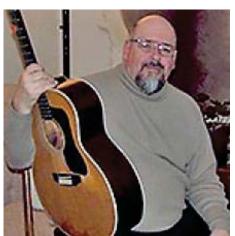
of board member and executive position Donna Besel.
Board Secretary. If you have a few moments please check this link out from Manitoba Arts Council where you can hear about each artist and their passions:

### Once Again! Congratulations Donna!

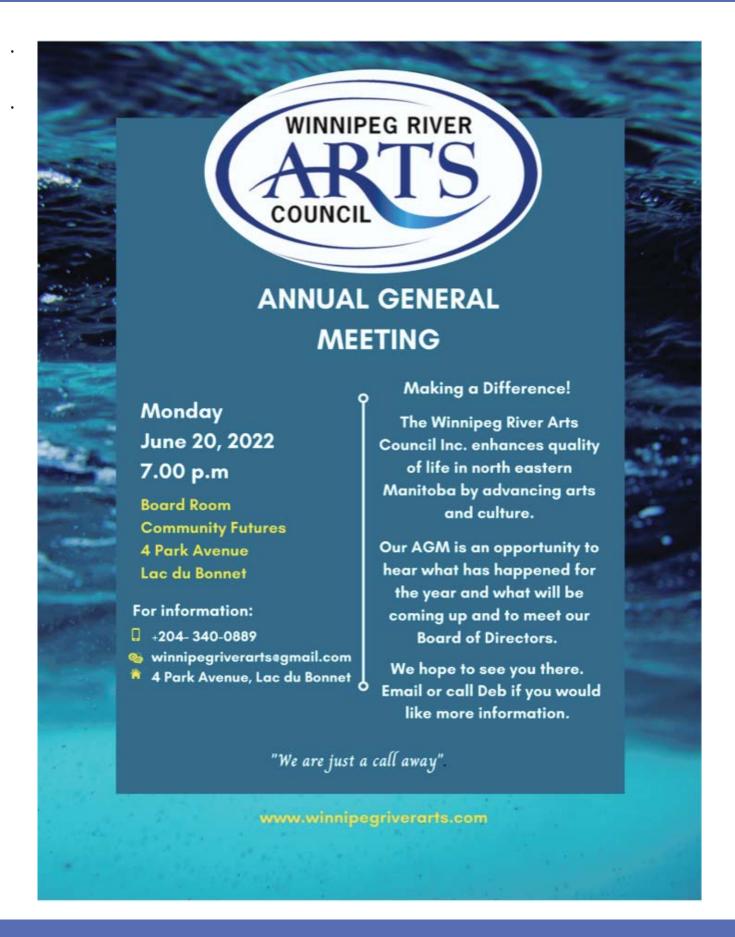
https://artscouncil.mb.ca./2021/05/mac-announces-2021-prizes-in-the-arts-recipients/







did hear about William (Bill) Klassen from Whitemouth passing away. Bill had a love for music. He could easily entertain a group with his guitar playing and singing skills for hours on end. Over the years he's played in several bands / groups and loved collaborating with other musicians. Music and friendly faces were the two things that could still get him to consistently light up and brought him great joy. He was a volunteer and helped out with the Eastern Manitoba Concert Association.









Eastern Manitoba Concert
Association brings a variety
of live performers to Pinawa,
Manitoba. Concerts are
generally on Fridays, in the
Pinawa Community Centre,
beginning at 7:30.
http://www.emcaconcerts.com/

Pinawa Players present:

ACT SPRING GATHERING...BE THERE.

For more information go to

http://www.actmanitoba.mb.ca/actfest.html



Spring into ACTion
June 2022

### Theatre is happening in Manitoba!

ACT Manitoba is,

- a. Excited
- b. Thrilled
- c. Delighted
- d. All of the above

to invite you to the Spring Gathering



3 People's Choice Awards to be voted on this year! The fourth Boreal Shores
Art Tour will take place this year
August 20th and August 21st.
37 Artists and 1 Gallery will be found at 21 stops along the route. There are new artists and new mediums to be explored as well as amazing

and new venues. (For example, visit the 2 artists displaying their work at the new and impressive Winnipeg River Heritage Museum on the river in St Georges).

The artists have been challenged to create one piece in the theme of "A Boreal Slice of Life". As you travel from stop to stop, take note of your favourite entry for this theme and mark it on your passport. The winning artists will be awarded gift cards thanks to The Spicy Radish in the South, Papertown Grill in the Centre and the Birchwood Motor Hotel in the North.

Again this year, draws will be made from the Passports of those who travel the most stops during the Tour. Gift certificates for \$125 - sponsored by Wpg River Arts Council, \$100 - sponsored by the Pinawa Art Gallery and \$75 - sponsored by John Angus, will be given to the winners of those draws!

If you are interested in being a volunteer during the Tour weekend (greeters are needed at each location), please email info@borealshoresarttour.ca and we will find an appropriate opportunity and location for you.

BSAT will follow all COVID guidelines and orders at the time. Every effort will be made to keep everyone safe!

To see a list of this year's artists and some samples of their work go to our website at BorealShoresArtTour.ca.. The artists are excited to see all of you again after the 2 year hiatus so don't miss it!!!



For more information about BSAT, please visit the Boreal Shores Art Tour website at www.BorealShoresArtTour.ca. #TravelMB #EasternMB #YourManitoba #Explore204 #ExploreMB #Manitoba



### **Exciting News!**

After a long couple of years off of the road, I am pleased to announce that for the 2022/23 Regional tour we will be bringing you the incredible production of Assassinating Thomson!

Assassinating Thomson is a one man play written and performed by Bruce Horak, a well-established theatre and visual artist who lost 90% of his vision after a childhood battle with cancer. In 2011 he wrote and began touring the show.

The play is named for an unsolved mystery in Canadian art history—the mysterious drowning in 1917 of Group of Seven precursor and iconic painter Tom Thomson in an Ontario Lake. The mystery takes you from the tiny community of Canoe Lake to our nation's capital, and eventually to the world stage. Art, politics, greed, ambition, love and murder are intertwined. Tom Thomson's story is a tangled one, but we're in the hands of a brilliant storyteller. Bruce captures the mystery in a stunning monologue about Canadian art and artists, and during the performance he also paints a group portrait of the audience before him. At the end of the performance Bruce auctions off the painting and donates the proceeds to a charity.

Watch for more info in future newsletters regarding the date and location so you save the date and can mark it in your calendar for 2023 - February 23, 2023



### 2022 Arts West Artists Retreat Sunday June 19 - June 25th

Artists Retreat - RETURNING 2022

History

Arts West Council will sponsor its 32nd annual Artists Retreat in 2022. The five-day camp is held at the Riding

Mountain Conference Centre

(Camp Wannukumbac) at scenic Clear Lake, Manitoba, Canada. It provides participants with an opportunity to concentrate on developing their artistic skills and goals beyond the introductory level, under the supervision of experienced professional instructors. Enrolment at the camp is limited to 40 participants.





### 2022 CNFC Conference Writing Risk

Three determined and courageous authors talk about the risks they've taken as memoir writers and political journalists.

Join Myrna Kostash, Donna Besel, Angie Abdou and host Ruby Swanson for a panel on Writing Risk.

Please note topics discussed during this session could trigger anxiety.

Date: Friday, June 10

Time: 12:00 - 1:30 pm EDT

Place: Zoom

CNFC's Virtual Conference runs from June 9 to 12, 2022. The complete schedule, author bios and registration information is available here:

https://creativenonfictioncollective.ca/annu al-conference/conference/ — with Ruby Remenda Swanson and 3 others.

### 2022 CNFC Conference Spotlight! Continued.....

On Friday June 10, join panel members Rona Altrows, Sharon Butala and Keith Maillard with moderator Lenore Rowntree in a conversation about creative aging. None of us have a choice about the fact of aging, so it's important for us to age as well as we can. This includes aging creatively, something which is especially important for writers, young and old. Join a conversation with three writers who haven't slowed down with age, who continue to produce and publish inventive and innovative work.

Learn what challenges and successes drive this process for them.

Date: June 10, 2022

(Conference runs June 9 - 12, 2022)

Time: 4:00 - 5:30 pm EDT

Where: Zoom

Conference sessions and registration

information available here:

https://creativenonfictioncollective.ca/.../2021.../



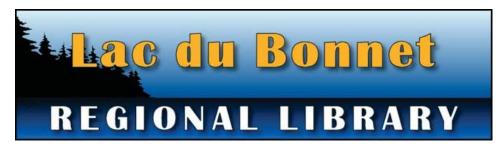
Southern Tour: July 24-31 Northern tour: August 9-18

\_\_\_\_\_

Invisible Challenges with Big Daddy Tazz June 11 | 12 - 2pm | Online















### **Hours of Operation:**

Tue - 10:30 to 5 Wed & Thu - Noon to 8 Fri - Noon to 5

Sat - 11 to 4:30

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connect with us and Discover the Possibilities!









### mello, June!

It is the month of June,
The month of leaves and roses,
When pleasant sights salute the eyes,
And pleasant scents the noses.

N. B. Willis (1907-67)



June 5 is World Environment Day.

June 19 is Father's Day this year.

June 21 is the summer solstice, it's the day with the most hours of daylight, so enjoy!



**June 21** is National Indigenous Peoples Day (Canada). This holiday is meant to remind Canadians of the contributions of the many First Nations, Métis, and Inuit peoples.

June 24 brings Midsummer Day, traditionally the midpoint of the growing season, halfway between planting and harvesting. It is celebrated in many cultures on the night of June 23, as Midsummer Eve.



### July 2022 Issue 6

### **WRAC** Featured Artists



### Lynn and Randy Greenly

For this month,
Winnipeg River Arts
Council would like to
feature stained glass
artists Lynn and
Randy Greenly, who
moved to Pinawa after
Lynn retired in 2013.
When asked how they
learned to create
stained glass art,
Lynn said, "In 2018,
we took a class in
Mesa, Arizona, at our
park.

It's never too late to start something new and you're only limited by your imagination." It appears these lessons really motivated both of them, as they've been making lots of pieces ever since. Apparently, other people also feel inspired by their art. A number of times, they've been asked to do some instructing, but they haven't yet committed to running any classes. One thing Lynn and Randy Greenly have decided to do is share their work. In 2021, they entered two pieces they worked on together in the Eastman Judged Art Exhibition. They hope to submit individual pieces next year, when this regional art show rolls around again. Also, they will be selling their art at the Pinawa Night Market on July 29, 2022.

As well, they have shared their art in other generous and creative ways. On November 17, 2021, the Lac du Bonnet Clipper recognized their work

to sell stained glass poppies as a fundraiser for the Legion.

On October 22, 2020, the Clipper recognized them again for their Halloween Treasure Hunt, when they set out stained glass Halloween decorations around Pinawa for people to find and keep. As an added bonus, one lucky person who located a special piece won a black widow spider decoration. In 2020 and 2021, they did Halloween and Christmas Treasure Hunts.

Recently, they organized a Canada Day Treasure Hunt with maple leafs as the treasure and a Canadian Flag as the prize.

The couple especially love creating work that includes flora and fauna. When asked about what inspires them, Lynn said, "I think the process of creating new designs drives our passion. We love talking to people and finding out what they are interested in then transforming their idea into a design and then into art."

Annual General Meeting 2022 was on June 20, 2022 at 7:00 p.m. and the WRAC Board Directors for 2022-2023 are:

Brenda McKenzie President LGD of Pinawa
Mac Kinghorn Vice President RM of Alexander
Donna Besel Secretary RM of Alexander
Joan Marion Treasurer RM of Alexander

### Directors:

Roberta Laliberte, Town of Powerview – Pine Falls Donald MacLellan, Town of Powerview - Pine Falls Lynette Ulrich, RM of Lac du Bonnet Jennifer Stewart, RM of Lac du Bonnet Tannis Thomas, LGD of Pinawa

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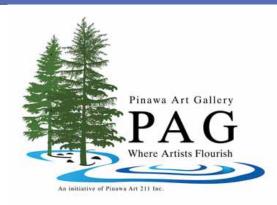
Facilitating partnerships that enhance further growth and development of arts and culture through social, economic, tourism, and relocation opportunities in the region.





WRAC is looking forward to another year being your organization that builds partnerships and supports throughout the region.

Have you had your phone call from Deb, the WRAC administrator yet; if not she will be calling you soon to hear your story.





### FOREST TO RIVER

Experience this artist led exploration of Mother Nature and your creative spirit!

Your guide, a local artist, will welcome you to the unique community of Pinawa. You'll be guided on a trail walk and forage for art materials on the beautiful Ironwood, a section of the TransCanada Trail along the Winnipeg River, an important trade and travel route. Be inspired as the artist demonstrates artistic inspiration and practice, highlighting two historically important women artists, one from a colonial perspective and the other indigenous. Listen to stories of these two women and get a glimpse into what life was like as a female artist. Engage in the inspiration that artists discover in the Boreal Forest and the Winnipeg River. Savour a locally inspired lunch of wild rice buns, soup, wild harvested tea, and local jam. Let your creativity flow using your foraged materials to create a one-of-a-kind art piece that you get to take home.

For your comfort during this experience, wear clothing and footwear appropriate for the weather and walking on a gentle gravel path. Washrooms are available at the gallery and on the trail. Take as many photos or videos as your spirit moves you. Nature will inspire you at every turn.

The workshop must have a minimum of 4 people registered to run and up to 10 people maximum. It runs 10:00am-1:00pm one Saturday per month June 25, July 23, August 20, September 17 but other dates can be arranged for groups.

To register and more information email us at pag211inpinawa@gmail.com Pinawa Art 211 / 204-340-3404 / 24 Aberdeen Avenue, Pinawa, MB



5th Annual Lac du Bonnet Night Market Thursday, August 18, 2022 5:00-9:00 pm Third Street, Lac du Bonnet Vendors:

visit http://www.wrrd.ca/craft-sales.html for more info or to register.

### PINAWA PLAYERS

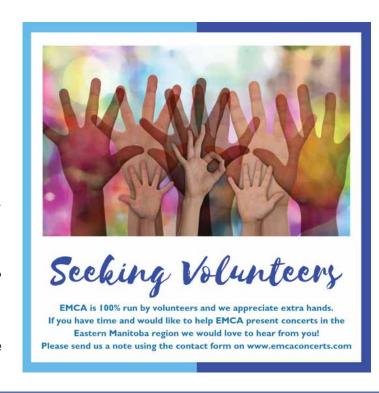
Pinawa Players is the oldest continuing amateur theatrical group in Manitoba. They have been presenting a wide range of productions from 1964 to now!

For over 50 years, the Pinawa Players have presented over 100 plays including comedies, dramas, musicals, dinner theatre, and children's shows. They usually stage two productions per year for enthusiastic Pinawa and surroundingarea audiences.

The Players welcome anyone interested, whether it be acting or helping backstage. John Tait says, "There's no lack of jobs and fun when a performance is being prepared!"



Eastern Manitoba Concert
Association brings a variety of
live performers to Pinawa,
Manitoba. Concerts are
generally on Fridays, in the
Pinawa Community Centre,
beginning at 7:30.
http://www.emcaconcerts.com/





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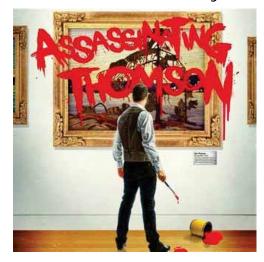


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Watch for more info in future newsletters regarding the date and location so you save the date and can mark it in your calendar for 2023 - February 23, 2023



### MITCHELL TOEWS

At Bay Press is excited to announce that we are publishing Mitch's forthcoming collection of short stories entitled *Pinching Zweiback*.

Mitchell Toews has placed work in 100 literary journals and anthologies since 2016. A three-time Pushcart Prize nominee, Mitch was a finalist in The 2021 Writers' Union of Canada's (TWUC) Short Prose Competition for Emerging Writers and the 2022 Humber Literary Review/CNFC Canada-wide Creative Nonfiction contest. He was also shortlisted for the 2022 J.F. Powers Prize for Short Fiction.



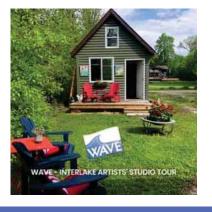


Join us in 2022 either in person or online!

Live Festival: July 20 - 24, 2022

GIFF Online: July 25 - August 7, 2022





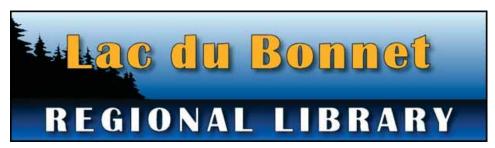
The Interlake WAVE Artists of Manitoba (WINNBAC), commonly called The WAVE.

The WAVE Artists' Studio Tour, a free self-guided tour of open studios on June 11 & 12 and Sept 3 & 4 2022.



### manitoba arts Network

connect · showcase · promote











If you are looking for a relaxing, relatively mosquito free and fully air-conditioned place to hang out this summer look no further. Come by the PPL and spend some time in our reading areas, leafing through books, magazines, DVDs or just having a visit. We look forward to seeing you!





**Hours of Operation:** 

Tue - 10:30 to 5
Wed & Thu - Noon to 8
Fri - Noon to 5

Sat - 11 to 4:30

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### **Month of July Fun Facts**



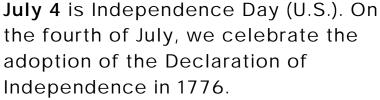
July
is named after Roman dictator
Julius Caesar (100 B.C.-44 B.C.).
Caesar developed the precursor
to the Gregorian calendar we use
today.

Flower of the month is the Close relative to Delphiniums, Larkspurs.

A true blue flower that symbolizes lightness and swiftness.



July 1 is Canada Day, a Canadian federal holiday that celebrates the creation of the Dominion of Canada in 1867.







July's full Moon, the full Buck Moon, occurs on Wednesday, July 13. It reaches peak illumination at 2:38 P.M. (EDT) that evening, rising above the horizon just after sunset. Plus, it's the biggest and brightest supermoon of the year.



### **WRAC Featured Artist**

## BOREAL WORKSHOP The jumillary hand made in Conado www.borealworkshop.com

### August 2022 Issue 7

### **Tanis Thomas**

For this month, Winnipeg River Arts

Council features previously profiled coppersmith Tanis Thomas.

Born in Winnipeg, she first lived in the North End, until her family moved to the High Arctic. After several years there, her family shifted further south, settling in Yellowknife, Northwest Territories,

Thomas added, "I've lived in cities and towns from British Columbia to Quebec. In 2016, I moved to Pinawa with my family."

and then Lethbridge, Alberta.

They chose Eastern Manitoba, where they could live on the edge of the Canadian Shield, and, at the same time, pursue artistic interests, study, and raise their family.

Thomas and her husband have relatives on both sides of Lake Winnipeg. For her it's Ochekwi-Sipi and the Beaches area. For him, it's Nopiming Park, in Manigotagan, and Long Lake.

At present, her primary interest is copper. Along with researching traditional Anishinaabe coppersmith practice, she is being mentored by a respected knowledge keeper and cultural educator. Thomas said, "Copper is culturally important to me. As an Indigenous artist, I embrace adaptation and innovation in all of my shop operations, and incorporate technology and contemporary production methods."

Almost all of her inspiration comes from the boreal environment - the land, the bush, the water. It informs everything she does and how she views the world. She said, "As an Anishinaabe Kwe, I'm responsible for protecting water and the best way I can do that is with by educating people about copper and its role in Anishinaabe and Maskéko culture and how that is tied to water."

Thomas' business, Boreal Workshop, is focused on creating beautiful and functional jewellery and items for people to use in their everyday lives. For her, working with copper is an act of cultural reclamation, a form of physical and spiritual therapy, and a great comfort (shaping metal with hammers). Mostly self-taught, Thomas spent summers as a child with her uncle Don LaForte, an accomplished Anishinaabe painter and visual artist, who encouraged her to explore different mediums and methods. When she became interested in becoming a coppersmith, she learned from with her husband, a skilled metalsmith with experience working in copper, silver, and gold. Recently, she began self-led cultural education, along with completing an Athabasca University degree. Her courses include art, art history, conservation, research methods, and creative writing. In the future, she plans to initiate classes on design and rudimentary coppersmith work. Also, she's developing an interpretive cultural education experience in partnership with Debwendon Trail, also known as the Brokenhead Interpretive Wetland Trail on highway 59. It will include a copper gift produced in her shop.





Boreal Workshop information can be found on Instagram and Facebook.





Thomas' pieces are sold in person at gift shops such as the Golden Boy in the Manitoba Legislature and the Winnipeg River Heritage Museum in St. Georges. Her website (www.borealworkshop.com) is regularly updated with new and replacement pieces. Recently, the C2 Centre for Craft gift shop in Winnipeg, a space run by the Manitoba Craft Museum and Library, and the Manitoba Craft Council, invited her to sell her work in their space. Also, she's producing work to gift to her home community (Ochekwi-Sipi Cree Nation) as well as other worthwhile organizations. She said, "This is in the spirit of reconciliation. I'm involved in a partnership to create pieces, with my home community and other communities, on Treaty 1 and Treaty 3 territory."

Future plans include working on proposed projects and new designs, and then exhibits and community work (education and presentations). Thomas strongly believes in reaching out to community arts organizations and artistic disciplines across the region and province.

She said, "With technology, it's possible to work with anyone anywhere now. Art is a vibrant and sustainable industry that speaks to strengths and challenges in our society. It is a great way to use your voice. I love art and plan to keep working in the industry until I walk on from this world."

~ ~ ~

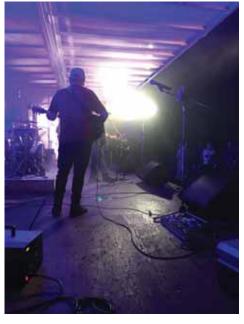
Join us in welcoming Tanis to the Winnipeg River Arts Council Board.

Every year on August Long Weekend, music takes over Lac du Bonnet during the **Fire & Water Music Festival**. This award-winning festival boasts over 20 acts on multiple stages over 3 days. Being the largest event of its kind, the festival features an eclectic combination of local emerging artists, blasts from the past and current performers. Amazing concerts, special events and the ever-popular evening campfire performances, this is a weekend filled with friends and family fun, and hands down the best entertainment value you will find.

An Awesome Weekend!









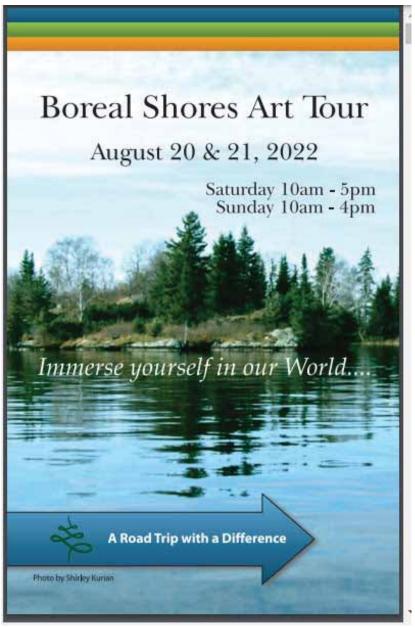


# i-stunne





If you have heard
the "ether" humming,
it was the
organizers of the
4th Boreal Shores
Art Tour
hard at it, making
sure everything is
ship shape and
ready.



The **2022 brochures** are out now and you can find a list of locations where you can pick one up on their website at

www.BorealShoresArtTour.ca.

Not only do you have the opportunity to experience one of the most amazing art tours but you will have a chance to be a winner in another way.

Passport Prizes
Gift Certificates sponsored by:

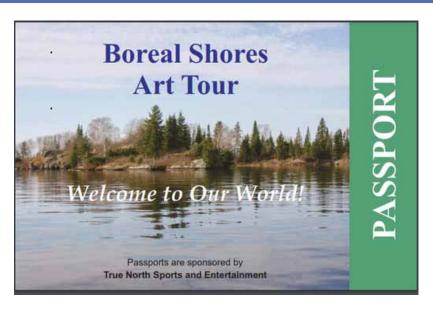
\$125 - Winnipeg River Arts Council

\$100 - Pinawa Art Gallery

\$75 - sponsored by John Angus

A passport can be picked up at any of the stops on the Tour.





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					real Slice of Lif	e" entry numbe	r in the PC box f	or that region.
	lote for your Pe	ople's Choice in	each region by	writing the Bo				ALCOHOL SECTION
	lote for your Pe	ople's Choice in	each region by	writing the Bo				ALCOHOL SECTION
1	lote for your Pe	ople's Chaice in	each region by	writing the Bo	6	7		PC



### The Passport

At each stop, the "Greeter" will initial that you were there and when you are finished for the weekend, drop the passport off at your last stop. Draws will be made from the passports of those who travel the most stops during the Tour.

While you are on this art journey do not forget about the **People's Choice Award**Along the way, choose your candidate for the People's Choice award in each of the 3 regions.

You will find the artist's entry for the theme of

"A Boreal Slice of Life" when you see one of the following tags on a piece of work.

Each of these wood "slices" has been lovingly cut and numbered by Louise Kress - #1 in the north section.

Take note of your selection and enter it into the PC box on each passport back.

All of the artists have been hard at work for 3 years now so don't miss this year's Tour



5th Annual Lac du Bonnet Night Market
Thursday, August 18, 2022
5:00-9:00 pm
Third Street, Lac du Bonnet
Vendors:
visit http://www.wrrd.ca/craft-sales.html



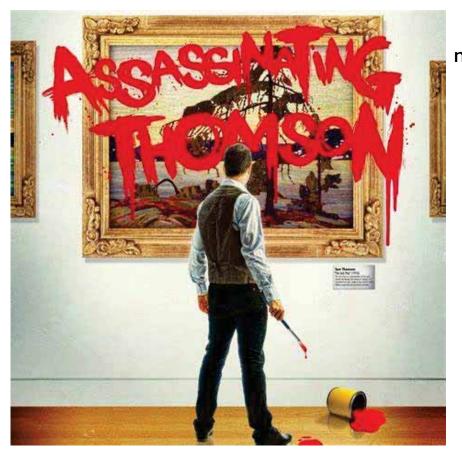
for more info or to register.

Come and visit us
Mon, Thu, Fri, Sat: 10 am-3 pm
#20-24 Aberdeen Ave
WB Lewis Business Centre
Pinawa, MB





ABBA Revisited Friday, Sept 23rd, 2022 7:30pm



Watch for more info in future newsletters regarding the date and location so you save the date and can mark it in your calendar for 2023 February 23, 2023



Assassinating Thomson is a one man play written and performed by Bruce Horak, a well-established theatre and visual artist who lost 90% of his vision after a childhood battle with cancer. In 2011 he wrote and began touring the show.

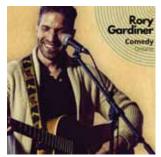
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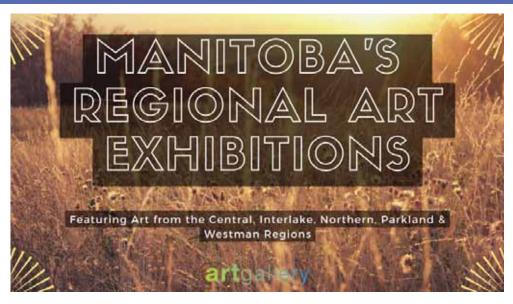






October 27-30, 2022 4 Day Showcase & Conference

The conference will feature speakers, performances, panel discussions, real-life testimonials from artists and educators, parallel presentations, regional discussion groups, networking opportunities, and much more. Peer-to-peer and one-to-one career advice and information from Manitoba Arts Network staff, specialist advisors, and other showcase artists.



View The Regional Juried Art Exhibition Now onlinehttps://artgallery.manitobaartsnetwork.ca/

Featuring artists from the Central, Westman, Parkland, Northern, and Interlake regions. Each year a series of Juried Art Shows take place in five regions of Manitoba. These exhibitions are organized locally and open to all artists in the area. The exhibition juries are made up of professional Manitoba artists. These exhibitions are a welcome opportunity for the artists to have their work seen in their local communities as well as receive individual critiques from the professional jurors.



If you are a self-employed artist or looking to increase the portion of your employment derived from your art, this course is for you! The Art of Managing Your Career is for working artists to gain the confidence and knowledge to successfully manage their careers in the cultural sector, developing an extensive business plan, marketing plan, and template for managing finances.

Fall 2022 AMYC Cohort applications open now! Apply by August 26, 2022.

#### URBAN SHAMAN

#### CONTEMPORARY ABORIGINAL ART

Zeann Manernaluk (Winnipeg, Mb) Guest performer on August 5 at 7pm

Zeann Manernaluk was born on June 14, 1991, in Winnipeg Manitoba shortly after her birth she was moved to Rankin Inuit Nunavut where she spent her childhood out on the land learning to fish, hunt, and her favorite gathering berries. She moved to Manitoba



at the age of 11 for educational purposes, Zeann has been throat singing since the age of 6 and has been performing professionally since she was 12. She has performed in many places across Manitoba. Zeann is very proud to be an Inuit and loves to educate and share her culture, especially with her 2 children.







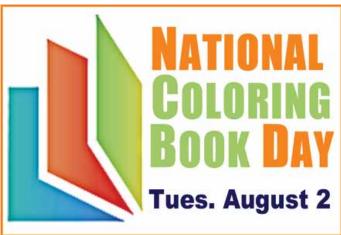
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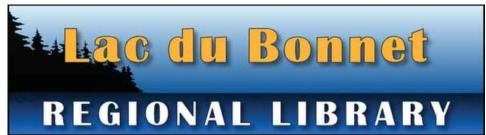
presented by:

manitoba arts Network

Online Concerts
FEATURING MANITOBAN ARTISTS

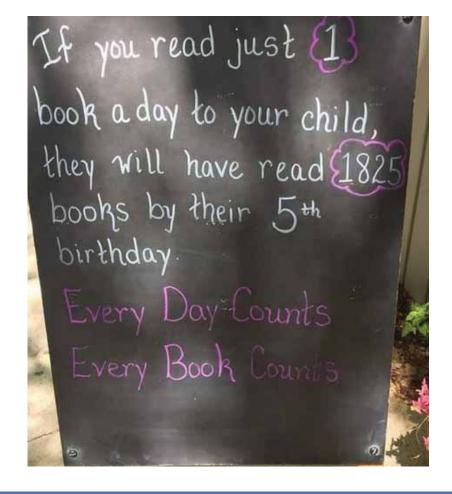


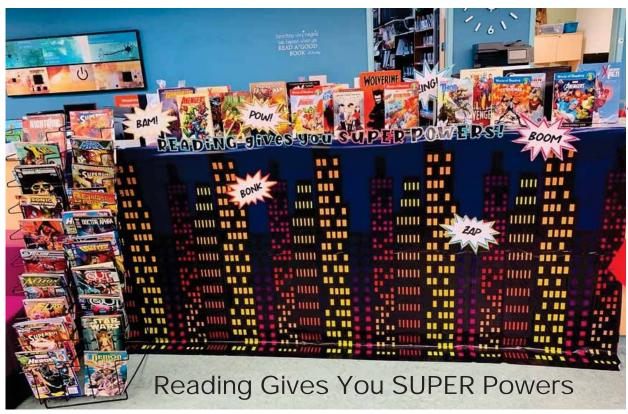






Email Us
Phone (204) 345-2653
Fax (204) 345-6827
84 - 3rd Street
Box 216
Lac du Bonnet MB ROE 1A0





BIBLIOTHÈQUE
ALLARD REGIONAL
LIBRARY
Discover
the
Possibilities!









#### **Month of August Fun Facts**





was named to honor
the first Roman emperor
(and grandnephew of Julius
Caesar), Augustus Caesar

(63 B.C..-A.D. 14).

**AUGUST** 

#### **August Birth Flowers**

August's birth flowers are the gladiolus and the poppy.

The **gladiolus** symbolizes strength of character, sincerity, and generosity. The **poppy** symbolizes eternal sleep, oblivion and also imagination.

Did you know ... August 1, traditionally known as Lammas Day, was a festival to mark the annual wheat and corn harvest. Lammas also marked the midpoint between the summer solstice and autumn equinox, and was a crossquarter day. "After Lammas Day, corn ripens as much by night as by day."

Perseid Meteor Shower - August is often a wonderful month for star gazing! It's the month of the Perseid meteor shower, which is one of the most prolific showers and reaches its maximum between August 11 and 13. This year, however, the best of the Perseids occurs at the same time as the full Moon, which means that the Moon's brightness will likely wash out many of the "falling stars!"





#### **August Quote**

"August rain: the best of the summer gone, and the new fall not yet born. The odd uneven time." Sylvia Plath, The Unabridged Journals of Sylvia Plath



#### **WRAC Featured Artist**

For this month, Winnipeg River Arts Council features artist Judy LeRoye. Her first home was in Great Falls. She has also lived in Grand Rapids, Great Falls, Gillam, Pointe Du Bois, and Winnipeg, but for the past four years her permanent residence has been Pine Falls, Manitoba.

She said, "I was born at the local hospital, back when parents still had the joy of being able to give birth in this treasured town. I purchased my house some 17 years ago in preparation for my retirement as this is where I have always wanted to live."

Her educational background includes a Transportation Degree with the University of Manitoba Transport Institute. Prior to retirement, she worked for Manitoba Hydro as their Senior Transportation Analyst.

LeRoye mainly works with glass seed beads, producing extremely intricate pieces. Beading gives her the most joy, but she also incorporates other type of metals and stones.

#### September 2022 Issue 8

#### Judy LeRoye



As a young teeny bopper, she learned from childhood friends in Grand Rapids. These creations instantly excited her and she was hooked. As her passion grew, she jumped from free hand-beading of the hippy chokers and bracelets of the 60's and the 70's, and it led her to learn the art of bead looming. Despite her interest in this discipline, she's stopped doing the bead looming as it seems there's no market for those types of pieces anymore. She said, "I'm a pretty good knitter as well. But those items are labors of love for the grandbabies."

Although she doesn't have formal training, as time went on it she learned how to move the beading wire through the beads to create spectacular patterns. Even now, when she uses a pattern, she changes it up and makes it unique in her own special way. She hasn't instructed any classes yet, but she has taught her grandchildren, and passed on her knowledge to great nieces and cousins. She said, "I love one-on-ones sessions; it's heart-warming to bond and blend the colors.

She shares her work on Facebook and has many long-term and return customers who love the look and feel of wearing her art on their wrists and ankles. Also, the Winnipeg River Museum in St. Georges sells her work in their gift shop. This summer, she was delighted to be invited to join the Boreal Art Show Tour and she plans to continue doing this every

August. For LeRoye, the joy of creation and the blending of colors never get old and she uses it as a calming medication to get through life's daily stresses.

She said, "Beading gives me strength, balance, and joy. I do most of my beading in my bright and cozy sunporch with calming music playing on my Alexa, usually Leonard Cohen or Corrine Bailey Rae."







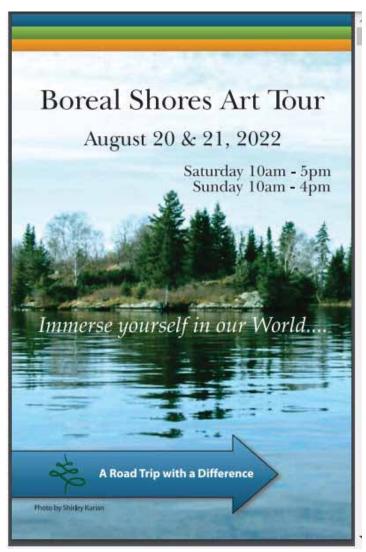




By Judy LeRoye



### Did You Get A Chance to Explore and Experience the Two Amazing Art Tours this Summer...





#### Boreal Shores Art Tour - People's Choice Award Winners







#### What's better than breathing? Life Drawing at the Gwen Fox Gallery in Selkirk!

## Life Drawing

**SESSION 1 - \$60** 

Sept. 11 - 1 pm-4pm

Sept 18 - 1 pm-4pm

Sept 25 - 3 pm-6pm

#### SESSION 2 -

Drop-in - \$20

Oct 2 - 1 pm - 4 pm

#### **SESSION 3 - \$60**

Oct 16 - 1 pm-4 pm

Oct 23 - 1 pm-4 pm

Oct 30 - 3 pm-6 pm

Fees for sessions 1 & 3 are non-refundable.

Payment may be made via e-transfer to 
artistjulia.penny@gmail.com or by cheque made payable to 
Julia Penny.

Cheques can be mailed to Box 53, Winnipeg Beach MB R0C 3G0 or Dropped off at Gwen Fox Gallery in an envelope clearly marked

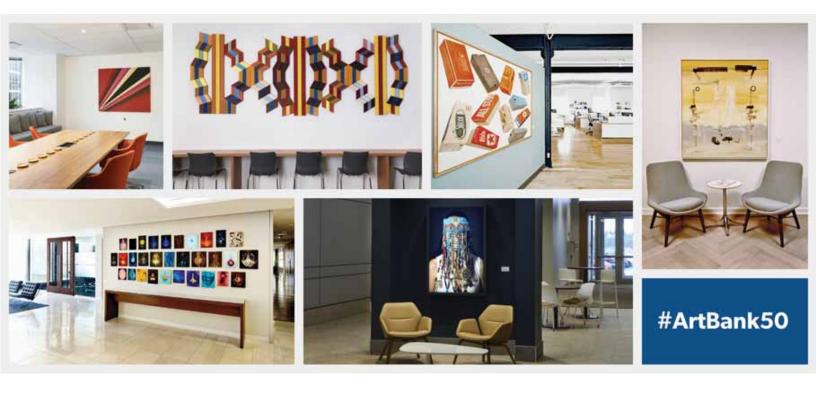
'Life Drawing'/Julia Penny

Artists must bring their own supplies. No instruction for this class

Canada Council Art Bank / Banque d'art du Conseil des arts du Canada

Deadline Reminder!! Only 2 weeks left to submit an application for the Art Bank Purchase Program.

Click on the link to read the guidelines and download the application form: https://artbank.ca/blog/2022/7/2022-call-for-purchases



# UPCOMING APPLICATION DEADLINES

Sept. 1 Travel / Professional Development

Sept. 10 Present

Sept. 15 Artists in Communities

Oct. 5 Artists in Schools

Oct. 10 Create

Oct. 25 Indigenous 360



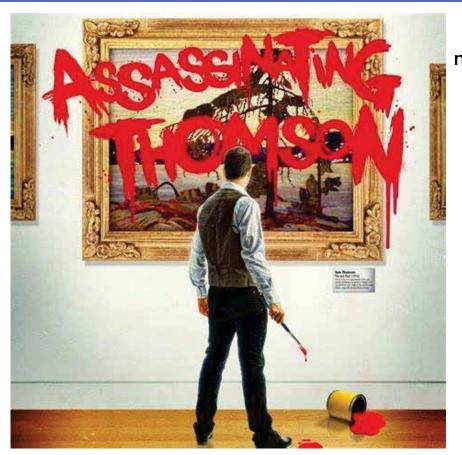
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The conference will feature speakers, performances, panel discussions, real-life testimonials from artists and educators, parallel presentations, regional discussion groups, networking opportunities, and much more. Peer-to-peer and one-to-one career advice and information from Manitoba Arts Network staff, specialist advisors, and other showcase artists.



#### Creative Manitoba - September 22nd

Creating and Achieving
Your Goals
www.creativemanitoba.ca





The Manitoba Rural & Northern Juried Arts Show is now live on our gallery site!

View the exhibit here: https://artgallery.manitobaartsnetwork.ca/

This year's MRNJAS features 36 artists from Parkland, Westman, Northern and Central regions of the province. Communities across Manitoba and beyond have an opportunity to browse, vote, and purchase art from artists.

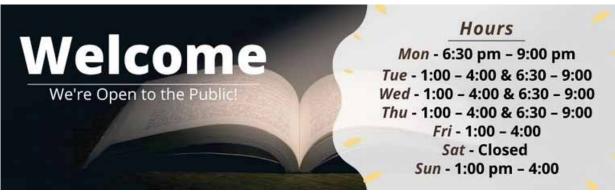
# REGIONAL LIBRARY



Lac du Bonnet Regional Library Email Us: mldb@mymts.net Phone (204) 345-2653 Fax (204) 345-6827 84 - 3rd Street Box 216 Lac du Bonnet MB ROE 1A0







#### 2022 Leggo Sculptures







#### **Month of September FUN Facts**



September Birth Flowers

September's birth flowers are the aster and the morning glory. The aster signifies powerful love and the morning glory represents affection. September
was once the 7th
month of the year, until
the winter months
became official on the
calendar.
Septem means 'seven'
in Latin..

In the northern hemisphere, **September 22nd** is the **fall equinox**. This means that the day and night hours are roughly the same. From here on out the daylight hours will begin to get shorter.

**Film -** An important documentary: The film *One Day in September* narrated by Michael Douglas is the only film with September in the title to win an Oscar. It won the Academy Award for Best Documentary Feature in 2000. The film documents the brutal killings of 11 Israeli

athletes during the 1972 Summer Olympic in Munich, Germany on Sept. 5th, 1972.

#### Let's Sing a Song!

September seems to be a popular month to write about in hit songs across all genres! There's the punk rock anthem, Wake Me Up When September Ends by Green Day, the Frank Sinatra classic, The September of My Years, and the dance-funk hit, September by Earth, Wind and Fire.



Look up at the moon
A full moon in September is
known as the corn moon or
harvest moon. Corn is at its
highest in September, and the
harvest is set to begin.



#### October 2022 Issue 9

#### **WRAC Featured Artist**

For this month, Winnipeg River Arts Council revisits previously featured artist, Marilyn McNish. A self-taught visual artist, she creates stunning paintings, most often large-scale, using acrylic on canvas. She said, "Composition means everything to me. The image needs to grab at my soul, provide connection to my past or the future. hopes in my how amazed my paintings connect with others as well." Since 2009, McNish has lived with her husband in the village

#### Marilyn McNish



of Manigotagan. During her corporate career, she trained staff and dealt with constant changes, new employees, and project rollouts. She always had a passion for painting but didn't take it seriously until retirement and relocation in a small boreal community. Living on the Manigotagan River, surrounded by nature and wildlife, it felt natural to quietly step into an art career.



After the move, she worked as a substitute teacher at the Wanipigow School in Hollow Water. Then someone asked her to teach art to adults and children. She said, "This request spurred me to spend hours studying best practices and methods."

In 2021, with encouragement from Wanipigow's art teacher, McNish applied for and received a grant from Manitoba Arts Council's Artists in Schools program, to teach acrylic painting for two weeks. Once she completed the Wanipigow residency, she contacted the principal at Churchill's Duke of Marlborough School. As a result, in April of 2022, she did an art residency in this northern school, working with kindergarten to grade 12 students. In January of 2023, she plans to return to Churchill to do a special project with the high school students. Once again, her trip will be funded via MAC's Artists in Schools program.

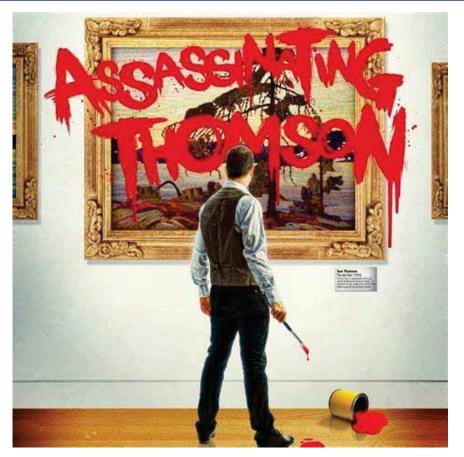
McNish said, "Every time I sell a painting, or print, or have a child's eyes light up when they have learned a new brush skill, it is so rewarding. I greatly appreciate the Manitoba Arts Council and our government's support for the arts, allowing me to teach in the north."

In March of 2022, Cre8ery Art Gallery in Winnipeg exhibited her art solo art show. From October 23 to November 19, her work will be featured at Gwen Fox Art Gallery in Selkirk. Also, every year, she participates in the Boreal Shores Art Tour and she plans to do so again in August of 2023. Her final inspiring thoughts: "I encourage everyone to buy art, display art, and attend art functions. We have been cooped up for two long years. It's time to live and appreciate color, music, and movement."









Watch for more info in future newsletters regarding the location

#### save the date

mark it in your calendar for 2023 - Great Christmas Gift Idea -February 23, 2023



Assassinating Thomson is a one man play written and performed by Bruce Horak, a well-established theatre and visual artist who lost 90% of his vision after a childhood battle with cancer. In 2011 he wrote and began touring the show.

The play is named for an unsolved mystery in Canadian art history the mysterious drowning in 1917 of Group of Seven precursor and iconic painter Tom Thomson in an Ontario Lake. The mystery takes you from the tiny community of Canoe Lake to our nation's capital, and eventually to the world stage. Art, politics, greed, ambition, love and murder are intertwined. Tom Thomson's story is a tangled one, but we're in the hands of a brilliant storyteller. Bruce captures the mystery in a stunning monologue about Canadian art and artists, and during the performance he also paints a group portrait of the audience before him. At the end of the performance Bruce auctions off the painting and donates the proceeds to a charity.





#### Nominations are Open for the 2022 Member Recognition Award

The Manitoba Arts Network wants to recognize an individual affiliated with a MAN member for their outstanding contribution to rural arts. This award is to recognize an outstanding body of work, as well as long-standing service showing exemplary excellence in arts & culture.

To nominate someone associated with your organization, who is a current member of MAN, click the link above. The form should only take 5-10 minutes to complete and is due by Wednesday, October 19, 2022.

## URBAN SHAMAN CONTEMPORARY ABORIGINAL ART

Ryan Gorrie Bizindaadiwag - Saturday, October 15, 3-4pm
New Partnership created between Urban Shaman Gallery and Winnipeg
Trails Association in, "The Speech Act Project"

Urban Shaman Contemporary Aboriginal Art Gallery, in partnership with Winnipeg Trails Association have both taken on a leadership role in restoring and maintaining Indigenous Languages by encouraging the general public to engage with local language varieties, no matter what level of understanding, through art and story. In each language there is a differing philosophy between meaning, the constitution of sentences, concepts, learning, thoughts, references and intentionality. In philosophy of language and linguistics, a speech act is something expressed by an individual that not only presents information but performs an action as well. The Speech Act's special programming will utilize Indigenous art to contribute to the enrichment of Indigenous knowledge as well as the prevention of the loss of Indigenous languages.

# Investing in Our Communities Grant Programs

The Manitoba government is extending the deadline for the Small Capital and Special Initiative Program to October 11, 2022

The grant supports initiatives such as organizational development opportunities, training, technology, volunteer and equipment development and those that will enhance the organization's ability to increase participation and engagement in arts, culture or sport programming.

Deadlines for the Large Capital Grants Program and Community Celebrations Program remain unchanged.

For more information or to download application forms, visit www.manitoba.ca/acsc.

How to Apply: Submit a completed application form and supporting documents to acsc@gov.mb.ca

Municipal and School Board Elections 2022
The next general municipal and school board election is Wednesday, October 26, 2022.



General municipal elections are held every four years on the fourth Wednesday in October. This includes elections for mayors / reeves and councillors.

Elections for school trustees take place the same day. For general information about school board elections, please contact: Education Administration Services Branch, Manitoba Education at 204-945-6899, or the Manitoba School Boards Association at 204-233-1595 or www.mbschoolboards.ca

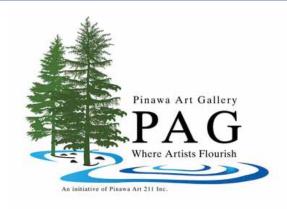


The Fitzgeralds Friday, November 4th, 2022 - 7:30pm



Those Guys Friday, November 25th, 2022 - 8:00pm





Come and visit us
Mon, Thu, Fri, Sat: 10 am-3 pm
#20-24 Aberdeen Ave
WB Lewis Business Centre
Pinawa, MB



PINAWA ART GALLERY

#### Freshly Brewed Locally Roasted Coffee

Open Monday, Thursday, Friday and Saturday: 10-3

Pinawa Art Gallery is a wonderful, convenient place to meet friends for coffee!

Trails End coffee bags & Morden's Chocolates available.

> 24 Aberdeen Ave (Lewis Centre) 204-340-3404

www.pinawaartgatlery.com









Have you registered for this special event, yet? Registration and hotel rooms are still available!





















October 27-30, 2022 4 Day Showcase & Conference

The conference will feature speakers, performances, panel discussions, real-life testimonials from artists and educators, parallel presentations, regional discussion groups, networking opportunities, and much more. Peer-to-peer and one-to-one career advice and information from Manitoba Arts Network staff, specialist advisors, and other showcase artists.

Writers in their Natural Habitat with katherena vermette Applications Now Open! Apply by October 14

Award-winning author katherena vermette will lead a six-part creative writing series for six emerging writers. This is an open call welcoming writing in all formats. Writers of poetry, prose, fiction, non-fiction, scripts,



performance, and hybrid genre are all encouraged to apply.

katherena will be offering mentorship to assist you in developing your writing skills, narrative style and help you find your voice. Throughout the six-week series we will focus on peer review, editing and generating new work. With discussions on freelance writing, and the business skills all writers need to help get your work published.



MRNJAS Opening Reception: Wednesday, October 5 at 7pm
The Manitoba Rural & Northern Juried Arts Show
is now live on our gallery site!

View the exhibit here: https://artgallery.manitobaartsnetwork.ca/

This year's MRNJAS features 36 artists from Parkland, Westman, Northern and Central regions of the province. Communities across Manitoba and beyond have an opportunity to browse, vote, and purchase art from artists.

# REGIONAL LIBRARY



#### LIBRARY STORY TIME

84 Third St, Lac du Bonnet

#### EVERY TUESDAY 11AM

starting October 4



Great opportunity to meet other parents & caregivers, and socialization for your child.

Lac du Bonnet Regional Library
Email Us: mldb@mymts.net
Phone (204) 345-2653 / Fax (204) 345-6827
84 - 3rd Street / Box 216
Lac du Bonnet MB R0E 1A0





We would like to introduce Story Walk! Bringing the PPL outdoors! It starts at the pergola and goes all the way to the picnic table at the point before the marina. There are activities every step of the way to keep kids engaged and entertained!

The Gruffalo is the current story and the plan is to change it every 2 months.



We are excited to introduce our new library staff!

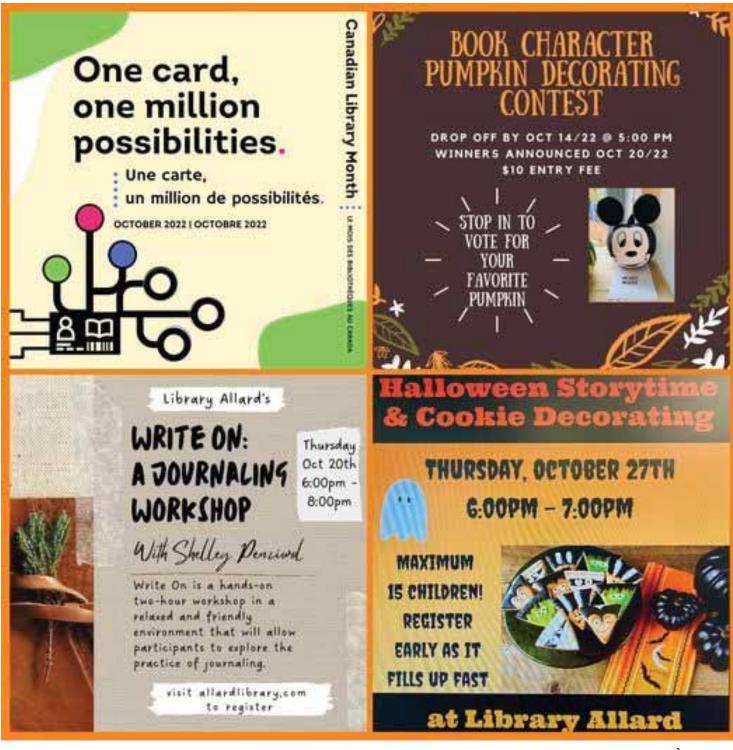
A huge warm welcome to our students,

Mika and Blair and our new Library Assistant,

Jennie!

Welcome to the family.

Children's Storytime
Date and Time Change:
Fridays October 7 & 21 @ 10:30 am
Join us for Stories, Songs,
Playtime and a Snack





Hi friends. October is Canadian Library
Month! Visit us at allardlibrary.com (or
visit us in person!) to register for our
October events. See you soon.

BIBLIOTHÈQUE
ALLARD REGIONAL
LIBRARY
Discover
the
Possibilities!



#### **October Flowers**

The flower that has come to represent October is the calendula or marigold. When we see this bright yellowy-orange flower we think of the fall sunset and the changing leaves.

Marigolds represent comfort, healing and protection. Perfect for October, we say!



OCTOBER IS ARTS MONTH for our neighbours in the United States of America.

Our local Arts Month initiative coincides with National Arts & Humanities Month, which was established in 1993 and is observed every October throughout the United States. This national program was initiated to encourage Americans to explore new facets of the arts and humanities in their lives, and to begin a lifelong habit of participation. Over the years, it has become the nation's largest collective annual celebration of the arts.

Although our local Arts Month celebration is embraced with equal energy and excitement during all thirty-one days of October, for planning and promotional purposes, the month is divided into four discipline-specific Theme Weeks:

WEEK 1: Visual & Culinary Arts (Oct. 2-8) WEEK 2: Theatre & Film (Oct. 9-15) WEEK 3: Poetry, Prose & Comedy (Oct.16-22) WEEK 4: Music & Dance (Oct. 23-29)





#### November 2022

Issue 10

#### **WRAC** Featured Artist

# For this month, Winnipeg River Arts Council features writer Shelley Penziwol, the author of two books published by Great Plains Publications – Storm Signals: A History of Weather in Manitoba (2004) and From Asessippi to Zed Lake: A Guide to Manitoba's Provincial Parks (2011).

#### **Shelley Penziwol**



The first was nominated for the Manitoba Historical Society's Margaret McWilliams Award in the popular history book category. She has also written several magazine articles.

In 2013, Penziwol moved from the Winnipeg area to Victoria Beach. Living in a forest near the lake provides inspiration for all sorts of activities, including a bit of creative nonfiction writing.



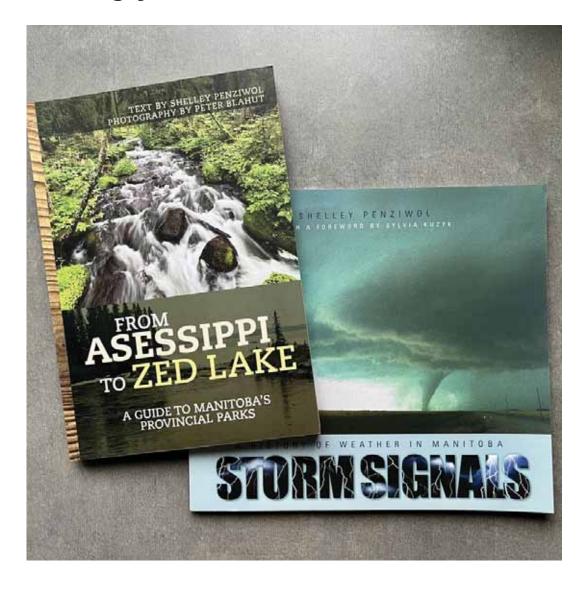
She's also an avid beachcomber who loves making things out of found objects such as driftwood, beach glass and lucky stones.

For over 25 years, Penziwol worked for the Manitoba government in various roles, spending the last 12 years in a communications role before leaving in June 2022 to take on the position of head librarian at Bibliothèque Allard Regional Library.

Penziwol has a master's degree in library and information studies from the University of British Columbia and said, "It's a treat to be back in the world of libraries and books. Libraries, research and writing all intertwine beautifully. You can't be a nonfiction writer, especially one focused on local history, without accessing the treasure trove of historical documents housed at some libraries and archives."

She has fond memories of spending days in the Legislative Library of Manitoba searching for gems tucked away in old reports and scrolling through reels of microfilm to gather stories from old newspapers.

Bibliothèque Allard Regional Library, with branches in St. Georges and Victoria Beach, serves a population spread over a large geographical area. Penziwol and her team are looking forward to connecting with the community by hosting a variety of events at both library locations, throughout 2023 and in the coming years.



Assassinating Thomson
February 23, 2023
\$25.00 - ticket
Great Falls Community Centre

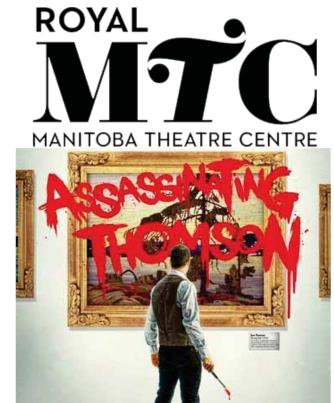
For tickets email Deborah at winnipegriverarts@gmail.com

Just in time for your Christmas Shopping

A Great Christmas Gift Idea!

Assassinating Thomson is a one man play written and performed by Bruce Horak, a well-established theatre and

portrait of the audience before him.



The play is named for an unsolved mystery in Canadian art history - the mysterious drowning in 1917 of Group of Seven precursor and iconic painter Tom Thomson in an Ontario Lake. The mystery takes you from the tiny community of Canoe Lake to our nation's capital, and eventually to the world stage. Art, politics, greed, ambition, love and murder are intertwined. Tom Thomson's story is a tangled one, but we're in the hands of a brilliant storyteller. Bruce captures the mystery in a stunning monologue about Canadian art and artists, and during the performance he also paints a group

visual artist who lost 90% of his vision after a childhood battle

with cancer. In 2011 he wrote and began touring the show.

What is happening at the Winnipeg River Arts Council office:

- We would like to hear your story!
   Deborah, the office administrator is phoning the members to have a one-on-one conversation.
- WRAC would like to also hear from local artists for a new section in our newsletter - the Artist Corner - beginning in 2023. We would like to highlight of a special project you are involved that you would like to share with others; two to three lines to arise community interest.
- We have a couple of vacant spots on our Board; if being on the Winnipeg River Arts Council Board interests you please let us know.
- A new fundraiser idea: "Calling All Artists to Be Involved in A Spring Auction" - we have eight two-inch slabs that are about are approximately ten inches in diameter to showcase your art in this WRAC fundraiser.
- Do not forget to call or email for your tickets for the Royal MTC production:

Assassinating Thomson February 23, 2023 \$25.00 - ticket Great Falls Community Centre

Please email us at winnipegriverarts@gmail.com or call 204-340-0889 for more information. We look forward to hearing from you.



WINNIPEG RIVER



Emergence: From Surviving to Thriving

Nov. 19, 10am-4:30pm

Navigate your arts career in an ever-changing world!

The pandemic forced artists to pivot and find new ways of sustaining themselves for the last two and a half years. As we slowly transition into a post-pandemic world, now what? How do we continue to move forward and create in this new world? What knowledge did we gain during this time that we can use to make our artistic future more successful? Emergence will help artists maintain their artistic practice, give them new methods of sustaining themselves financially, gain the tools to promote themselves and inspire new work.

Stay tuned for the panelists and our keynote speaker!

http://www.creativemanitoba.ca





https://mawa.ca/events/social-media-with-jake-freeman

Artist Boot Camp: Social Media with Jake Freeman

Thursday, Nov 17, 2022 7 - 9:30 p.m. on line

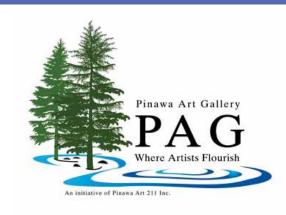


Social media is an important tool for today's artists. This workshop will explore tips and tricks for the modern maker to get your work to a receptive audience online. It will also look at the peculiarities of the virtual world, and important things to consider.

Jake (Jacqueline) Freeman (she/her) is a Michif artist who was raised in Treaty 1 territory now living in Nexwlélexm (Bowen Island, BC). She is a primarily self-taught and works with many media: paint, beads, leather, caribou hair, feathers, birchbark, quills and metals to name a few. She wants to create pieces for all people to wear, display or enjoy. Her work can be found at manitobamadebyjake.com.



Friday, November 25th, 2022 8:00pm Pinawa Community Center, 20 Vanier Ave, Pinawa, MB Those Guys



Come and visit us
Mon, Thu, Fri, Sat: 10 am-3 pm
#20-24 Aberdeen Ave
WB Lewis Business Centre
Pinawa, MB







PINAWA ART GALLERY

# Freshly Brewed Locally Roasted Coffee

Open Monday, Thursday, Friday and Saturday: 10-3

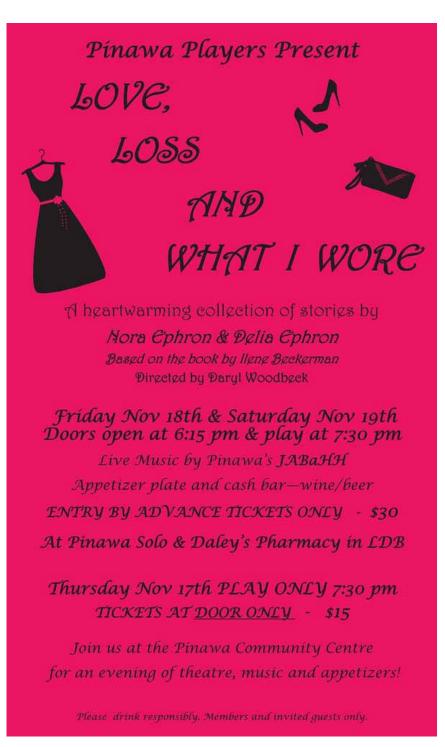
Pinawa Art Gallery is a wonderful, convenient place to meet friends for coffee!

Trails End coffee bags & Morden's Chocolates available.

24 Aberdeen Ave (Lewis Centre) 204-340-3404

www.pinawaartgallery.com

# Hope to See You There!



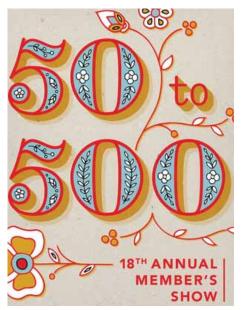
# URBAN SHAMAN

CONTEMPORARY ABORIGINAL ART

Nov. 4 – Dec. 10, 2022 Find artwork by our membership priced from 50 cents to 500 dollars, thus the name 50 to 500.

This is a great event to find amazing artwork, discover local artists, and support the gallery and artists this holiday season.

https://urbanshaman.org 203 - 290 MCDERMOT AVE WINNIPEG, MB R3B 0T2





Call for Nominations
Nominations are now
open for 2023 MB
Arts Award of
Distinction, which
recognizes the

outstanding accomplishments of a Manitoba artist, Indigenous Knowledge Keeper, or arts/cultural professional through an annual prize. Help us celebrate and honour the excellence, resourcefulness, and imagination of a Manitoba artist, Indigenous Knowledge Keeper, or arts/cultural professional by submitting a nomination to our Recognize – Prizes program. Manitoba Arts Award of Distinction. Prize amount: \$30,000 Who can be nominated? Professional artists, Indigenous Knowledge Keepers, and arts/cultural professionals. https://artscouncil.mb.ca/grants/prizes/

Deadline: December 15, 2022

Previous Award of Distinction recipients include: Daina Warren (2022), Alan Greyeyes (2020), Shawna Dempsey & Lorri Millan (2018), Diana Thorneycroft (2016), Robert Archambeau (2014).

# REGIONAL LIBRARY

# **National Child's Day**

November 20, 2022

Lac du Bonnet Children's Centre Presents Ryan Price Magic at Centennial School Gym

2:30 Doors open

3:00-4:00 Showtime

Attendance is **FREE** but children need to be accompanied by an **ADULT** 

50/50 RAFFLE



Lac du Bonnet Regional Library Email Us: mldb@mymts.net Phone (204) 345-2653 Fax (204) 345-6827 84 - 3rd Street / Box 216 Lac du Bonnet MB ROE 1A0

### **Hours of Operation**

Mon - Closed

Tue - 10:30am - 7:00pm

Wed - 10:30am - 5:00pm

Thu - 10:30am - 7:00pm

Fri - 10:30am - 5:00pm

Sat - 10:30am - 2:30pm

### **Holiday Hours**

December 23 - Closing at 5pm

December 24 & 25 - Closed

December 31 & January 1 - Closed



# BIBLIOTHÈQUE ALLARD REGIONAL LIBRARY Discover the Possibilities!

Local author and relationship coach, Sharilee Swaity, will be holding a book signing Thursday, November 17th at 6:30 p.m. Find out her writing process, hear a reading from her book, Happily Ever After Again: Hope Healing & Love for Second Marriages and take part in some fun activities concerning relationships. Signed books will be available for purchase. There will also be copies of her 2023 landscape calendar on hand with beautiful photos from the local area.

We are excited to be hosting our second
Christmas Mini Photo

Session alongside photographer Angie Papineau! The event will run during 2 evenings: Wednesday, Nov 24th, and Thursday, Nov 25th from 5:00pm - 7:30pm. The time slots consist of a 15 minute session for a cost of \$50.00.

# **Month of November Facts**



November's birth flower is the chrysanthemum. Generally, chrysanthemums represent cheerfulness.

Join thousands of people around the world in November for NaNoWriMo, National Novel Writing Month. Note: this is a US organization.



# Remembrance Day - November 11, 2022

Every year on November 11, Canadians pause in a silent moment of remembrance for the men and women who have served, and continue to serve our country during times of war, conflict and peace.





# **WRAC** Featured Artist

For this month, Winnipeg
River Arts Council features
Verla Fortier, podcast host
and author of two recent
nonfiction books – all geared
toward helping readers and
listeners realize that going
into green spaces is not just
a nice thing to do, but it can
change, and even save your
life.

# December 2022

Issue 11



Her two books are based on her own experiences. In "Take Back Your Outside Mindset: Live Longer, Stress Less and Control Your Chronic Illness," she describes getting diagnosed with Lupus Erythematosus, at the same time she was exiting her career as a nursing professor.

In her second book, "Optimize Your Heart Rate," she writes about a close childhood friend who died from a sudden cardiac event, on day 3 of a road trip. On her podcast "Your Outside Mindset," she interviews people who value the natural world: green space researchers, Indigenous leaders, physicians, nurses, gerontologists, authors, poets.

Fortier grew up in Pine Falls, and, in 2014, at the age of 63, she retired to her hometown. Once she stopped working in health care, and became a patient, she had to learn how to write on a more personal level. She said, "This was a challenge; a speaking coach helped me to get away from research/technical speak and just tell my stories."

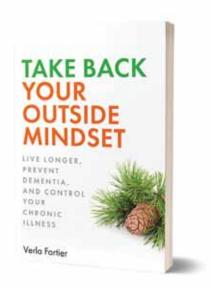
On her personal email list and her podcast, and in her books, she encourages people to get outside more often. In person, she's spoken to grade 11 and 12 students at Powerview School and shared her friend Leslie's story from "Optimize Your Heart Rate." And she recently launched this same book at Library Allard.

As a guest on international podcasts, she gives tips on using green space science in daily lives.

She also writes regularly for "Sixty and Me," to share research, find ways to recognize harmful environments, and figure out what to do about it. Both of Fortier's books and audiobooks are best sellers on Amazon Canada, US, and UK. As well, they rank in the top 3 best-selling in lupus and heart disease categories. Her podcast, "Your Outside Mindset," has surpassed industry download

milestones and has listeners in 41 countries.

For upcoming events, she invites everyone to visit her website and join her email list at www.treesmendus.com Her main message: "Getting outside to notice the beauty in nature's repeating patterns, called fractals, inspires me every time."





# Winnipeg River Arts Council is "CALLING ALL ARTISTS"

# to be Involved in a Spring Auction



Would you like to be part of this fundraiser and have the opportunity to showcase an art piece on one of the eight two-inch slabs approximately ten inches in diameter? Email Deb at winnipegriverarts@gmail.com or call at 204-340-0889.

WINNIPEG RIVER

What is happening at the Winnipeg River Arts Council office:

- We would like to hear your story!
   Deborah, the office administrator is phoning the members to have a one-on-one conversation.
- WRAC would like to also hear from local artists for a new section in our newsletter - the Artist Corner - beginning in 2023. We would like to highlight of a special project you are involved that you would like to share with others; two to three lines to arise community interest.
- We have a couple of vacant spots on our Board; if being on the Winnipeg River Arts Council Board interests you please let us know.
- Do not forget to call or email us for your tickets for the Royal MTC production:

Assassinating Thomson Sunday, February 26, 2023

7:00 p.m.

\$25.00 - ticket

\$20.00 - ticket (member)

Great Falls Community Centre

119 Carter Crescent

Email us at winnipegriverarts@gmail.com
Call WRAC at 204-340-0889 for more information.

We look forward to hearing from you.

# "Artist Corner" Featuring Pinawa Art Gallery Events



# Christmas Centerpiece

# Fresh Flower Arrangement

Create your own fresh flower table centerpiece for the holidays.

All materials included. Bring your scissors, wire cutters, & a knife

Cost \$42.00

Must pre-register by Dec 5.
Dec 20, to 23, assorted times.
Signup sheet available in the Pinawa Art Gallery,
pag211inpinawa@gmail.com

# Winter ART CLASSES

# Painting, watercolour, & acrylic

Register in the Pinawa Art Gallery

W.B.Lewis Business Centre Open Mon, Thurs, Fri & Sat 10-3pm or Call Arlene- 753-2052

**Starting Mid January** 

Painting with Arlene





# Pinawa Art Gallery

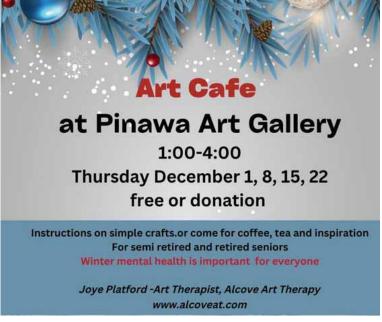
We are located at 24 Aberdeen Ave in the WB Lewis Business Centre in Pinawa, MB. When heading east on Hwy 211, turn right at the big ART GALLERY sign at the first entrance to the town. Continue down Aberdeen until you arrive at the Business Centre. The gallery is at the south end of the building, second entrance to the building off the road.

EMAIL: pag211inpinawa@gmail.com

PHONE: (204) 340-3404

MAILING ADDRESS: PO Box 456, Pinawa, MB, ROE 1LO





Assassinating Thomson
Sunday, February 26, 2023
7:00 p.m.
\$25.00 - ticket
\$20.00 - ticket for members
Great Falls Community Centre

For tickets email Deborah at winnipegriverarts@gmail.com
Just in time for your
Christmas Shopping
A Great Christmas Gift Idea!

Assassinating Thomson is a one man play written and performed by Bruce Horak, a well-established theatre and



visual artist who lost 90% of his vision after a childhood battle with cancer. In 2011 he wrote and began touring the show. The play is named for an unsolved mystery in Canadian art

history - the mysterious drowning in 1917 of Group of Seven precursor and iconic painter Tom Thomson in an Ontario Lake. The mystery takes you from the tiny community of Canoe Lake to our nation's capital, and eventually to the world stage. Art, politics, greed, ambition, love and murder are intertwined. Tom Thomson's story is a tangled one, but we're in the hands of a brilliant storyteller. Bruce captures the mystery in a stunning monologue about Canadian art and artists, and during the performance he also paints a group portrait of the audience before him.





St. John's Heritage Church and Arts Centre

# ADVENT CAFE'

"Treat yourself to the aromas of Christmas"

starting November 29—December 21
TUESDAYS & WEDNESDAYS

2pm—5pm

StJohn's Heritage Church Hall will open it's doors

for its first ever

Advent Café

offering an ever changing Christmas menu of mouth watering desserts from cookies, cakes, to muffins!

Indulge in a good cup of coffee or tea and take time for yourself.....

all proceeds go to St. John's Heritage Church foundation remediation

WNDX x NIMAC experimental moving image awards

Eight new awards for BIPOC gender diverse artists working in experimental media art

submissions due December 30, 2022 applicant notification February 6, 2023 awards announced March 8, 2023

We extend our gratitude to the Manitoba Arts Council for their financial support of these awards



FRIDAY,
JANUARY 20,
2023 AT 7:30 PM
EMCA presents
Sultans of
String: Folk/
Jazz/ World
Pinawa
Community
Centre





# Pinawa Public Library Hours

Monday 6:30 PM - 9:00 PM

Tuesday - 9:00 AM - 4:00 PM and Thursday 6:30 PM - 9:00 PM

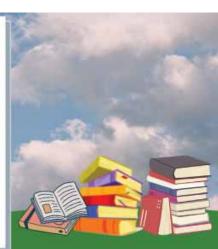
9:00 AM - 4:00 PM

Saturday Closed

Friday

Sunday 1:00 PM - 4:00 PM





# REGIONAL LIBRARY



Lac du Bonnet Regional Library
Email Us: mldb@mymts.net
Phone (204) 345-2653 / Fax (204) 345-6827
84 - 3rd Street / Box 216 / Lac du Bonnet MB ROE 1A0

# **BOOKS MAKE EXCELLENT GIFTS!**

THE LIBRARY HAS A WIDE RANGE OF NEW AND GENTLY USED BOOKS FOR SALE!

GIFT WRAPPING AVAILABLE!





# Artist Boot Camp: Artist Residencies with Grace Han Dec 8, 7-9pm | Online | Free

Artist residencies offer the opportunity for exchange, focused work and relationship building with international peers. This workshop provides information on different residency models. How do you figure out if a particular residency is right for you? What questions should you ask a residency centre? How should you structure your time while you are there?

https://creativemanitoba.ca/events/artist-boot-camp-artist-residencies-with-grace-han-2/



Call for Nominations
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open for 2023 MB
Arts Award of
Distinction, which
recognizes the

outstanding accomplishments of a Manitoba artist, Indigenous Knowledge Keeper, or arts/cultural professional through an annual prize. Help us celebrate and honour the excellence, resourcefulness, and imagination of a Manitoba artist, Indigenous Knowledge Keeper, or arts/cultural professional by submitting a nomination to our Recognize – Prizes program. Manitoba Arts Award of Distinction. Prize amount: \$30,000 Who can be nominated? Professional artists, Indigenous Knowledge Keepers, and arts/cultural professionals. https://artscouncil.mb.ca/grants/prizes/

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# BIBLIOTHÈQUE ALLARD REGIONAL LIBRARY Discover the Possibilities!

Thursday December 8th - 6 to 7 pm 104086 PTH 11, St. Georges, MB Hosting our first Gingerbread House building evening! The cost is \$25.00/family/gingerbread house. We'll provide everything! All we need is you!



## SOIRÉE FAMILIALE D'ARTISANATS

VENDREDI 9 DÉCEMBRE À 184

DOIT ÊTRE PRÉINSCRIT ET ACCOMPAGNÉ PAR UN ADULTE

Nous demandons un don de 5\$ par famille pour couvrir le coût du goûter qui sera servi.

# FAMILY CRAFT NIGHT

FRIDAY DECEMBER 9TH AT 6PM

MUST BE PRE-REGISTERED AND ACCOMPANIED BY AN ADULT

We are asking for a \$5 donation per family to cover the cast of the snacks provided.







Cette soirée, présentée par le Comité Culturet Châteauguay, sera à l'École communautaire Saint-Georges Comité culturel Châteauguay Saint-Georges The cultural committee

presents you with a Frenchspeaking evening of crafts with the family:

Come create with our local artists!

Please register your family by contacting a committee member by December 1st.

# Month of December Facts

### **December Birth Flowers:**

The first flower is holly, everpresent during the holiday season. The second birth



flower of December is the paperwhite narcissus, a cousin of the common daffodil that flowers in winter. This pure-looking flower is said to symbolize sweetness.

On December 5, 1901, a little magic came into the world along with the birth of Walt Disney Disney released his first cartoon, featuring Mickey Mouse, called Steamboat Willie at the age of 27.

**December 21st** is the Winter Solstice, which marks the longest night of the year and is astronomically the beginning of winter.

The full moon in December has been traditionally referred to as the Full Cold Moon.



The first artificial Christmas tree was made out of goose feathers dyed green in Germany. For many years people only used real Christmas trees, but artificial trees are now very popular all over the world.

# Merry Christmas & Happy Holidays